

# Zira Cultural Center

Region	Trainer	Type of gymnastics	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Zira	Calal Azizli	Men's Gymnastics	18:00-19:00		18:00-19:00			12:30-13:30	
	Nazirahanim Faradova	Rhythmic gymnastics and Gymnastics for everyone		15:00-17:30		15:00-17:30			