

**AZERBAIJAN GYMNASTICS FEDERATION****SAFETY PROCEDURES FOR INTERNATIONAL COMPETITIONS  
DURING COVID-19 PANDEMIC****Objective**

Azerbaijan Gymnastics Federation (AGF) is dedicated to protecting the health and safety of event participants and all persons involved in the international competitions held during the COVID-19 pandemic.

The purpose of this document is to provide the necessary information to be used to assist with planning and implementing of necessary measures during the sports event in the context of COVID-19.

During the staging of international competitions, the main purpose is to effectively minimize the risk of spreading COVID-19, as athletes, staff, media and spectators (if applicable) travel to the international event from various countries with a different level of spread of this disease.

The policy includes hand sanitizing stations and temperature check at all entrances, protective screens, personal protective equipment for participants, enhanced and recorded cleaning and disinfection frequency paying special attention to vehicles, apparatus and other high-touch items, displaying signs about COVID-19 and physical distancing in all areas of event premises etc.

Until COVID-19 is either eradicated or collective immune protection of people appears due to vaccination, there is no way of completely eliminating the risk of fatal infection. As Organizer, this should always be in the forefront of our mind when planning the event.

AGF will follow “Medical Organization of the FIG (International Gymnastics Federation) Competitions and Events” and “Medical Guidelines for FIG Competitions and Events during the Covid-19 Pandemic”. AGF will consult health authorities and local governmental bodies to ensure that the health system has sufficient resources to manage a crisis situation if it occurs.

The FIG, the LOC members and all the participants must respect the laws and regulations of Azerbaijan and any local governmental bodies at the events held in Azerbaijan during the pandemic.

Laws and regulations set by national and local governmental bodies must always prevail over the requirements and recommendations specified in the present Safety Procedure.

**1. Event Planning**

AGF admits that the medical planning of the FIG competition is based on the following main documents

- “Medical Organization of the FIG Competitions and Events” and “Medical Guidelines for FIG Competitions and Events during The Covid-19 Pandemic” (with Appropriate WHO Documents Included Into the second document).

AGF will use the appropriate World Health Organization (WHO) resources to help to evaluate the risk of the event and develop a risk mitigation plan:

- WHO Mass Gathering Sports Addendum Risk Assessment tools in the context of COVID-19;
- WHO Pandemic phase descriptions and actions by phase;
- WHO Pandemic Phases;
- Cleaning and disinfection of environmental surfaces in the context of COVID-19;
- Guidance for Testing during Covid-19 Pandemic;
- Key planning recommendations for Mass Gatherings in the context of the current COVID-19 outbreak;

- Considerations for sports federations/sports event organizers when planning mass gatherings in the context of COVID-19;
- Mass gatherings COVID-19 decision tree.

**1.1.** AGF will appoint the Chief Medical Officer (CMO) of the event as the director of the medical working team for COVID-19. AGF will make sure that both the Director and the Medical working team members have sufficient knowledge of COVID-19 and appropriate channels specialists on COVID-19, testing protocols and public health.

The team will communicate with the health authorities about the risk-mitigation measures, testing, and the management of COVID-19 patients and close contact between people as often as possible throughout the event.

**1.2.** Once the organization of the international event is authorized by the government, AGF will negotiate with the appropriate state bodies to obtain the permission for the delegations' members to enter the country.

The AGF will be instructed by the government on the legal and health requirements for international and domestic participants.

**1.3.** AGF will identify local healthcare resources (e.g., urgent cares, emergency rooms, ambulance services), notify them of the event time and location, develop the event's medical plan with their input, create an information e-book with contact numbers of LOC medical service will be sent to athletes, coaches, event staff, and media.

**1.4.** AGF will determine who or what group will have decision making authority to modify, restrict, postpone, or cancel the event. The medical representative of FIG shall be a part of decision making concerning the cancellation of the event based upon public health risk.

**1.5.** AGF in close cooperation with appropriate state bodies will determine who will be allowed at the event by grouping people into Groups from essential to non-essential and decide which Groups will be allowed at the event:

- 1) - **GROUP 1 (Essential):** Athletes, coaches, officials, event staff, medical staff, security, anti-doping officials;
- 2) - **GROUP 2 (Preferred):** Media, volunteers, additional contracting staff;
- 3) - **GROUP 3 (Non-essential):** Spectators, VIP guests, vendors.

AGF, in close cooperation with appropriate state bodies, will decide whether or not the event accepts spectators based on the health and social context of the country.

When the event allows spectators, the AGF must put risk-mitigation measures in place, such as health checks at the entrance, keeping physical distance in the stands, observing the rules on hand hygiene and the promotion of risk-mitigation measures.

**1.6. Criteria for attending/participating in the event:****1) - Required:**

**a)** – Every person who arrives in Baku (AZE) to participate in the international competitions must fill out **Medical Form for Health Monitoring of Participants** (see **Appendix**) regardless of his status and position. This form will reflect the monitoring of the health status of each person arriving to Baku for the last 10 days before the PCR test day taken for arrival in Baku. The form can also be completed by the participating Federations' responsible persons (e.g. team doctor) who monitors the health of athletes and team members. The information requested in the form should be typed only. The form in PDF format must be returned electronically to AGF/LOC (email address: events@agf.az) no later than the PCR test date taken for arrival in Baku.

**b)** - All passengers flying to the Republic of Azerbaijan must have a printed medical certificate with a negative coronavirus (COVID-19) PCR test result issued at most 48 hours before departure of flight to Azerbaijan. Vaccinated participants also must be tested. For more details:

<https://www.azal.az/en/information/covid-general-rules>

<https://www.azal.az/upload/pdf/Covid-Provisional-rules-EN%20.pdf>

<https://www.azal.az/en/information/covid-azerbaijan>

**c)** - If any athlete has had a case of documented COVID-19 infection, they need a note from their doctor indicating they are cleared to participate in competition.

**d)** - Any person participating in the competition should not have any close sustained contact with anyone who is sick within 14-day before arrival to the event.

- Since the signs and symptoms of COVID-19 can be fairly nonspecific and not just respiratory symptoms, it is recommended that athletes should not be in close sustained contact with anyone who is sick for 14-day prior to the arrival to the event.

This requirement reduces the risk of introducing COVID-19 into the training group by someone who may have COVID-19 but isn't experiencing any symptoms yet.

**e)** – In total **foreign participants** must undergo the following required tests:

**PCR COVID-19 test** - in home country 48 hours before arrival to host country. It must be negative.

**Quick COVID-19 test** will be done on the day of arrival to the hotel. (The test must be done before starting the group training). Vaccinated participants will also be tested. The participants will wait for PCR COVID-19 test result in the hotel room. No accreditation will be issued without negative quick COVID-19 test result.

**Actions (see APPENDIX - ACTIONS DURING SECOND QUICK TEST PROCEDURE - UPON ARRIVAL):**

**If an athlete/participant has positive Quick COVID-19 test result (upon arrival) and doesn't have any symptoms:**

- 1) --- To confirm the **Quick COVID-19 test**, a **PCR COVID-19 test** should be performed after.
  - The athlete/participant will wait for **PCR COVID-19 test** result in the hotel room.
  - If the **Quick COVID-19 test** is **positive**, and the confirming **PCR COVID-19 test** is negative, the person is free to go to the competition venue to get his accreditation and participate in the competitions.
  - 2) --- If the **Quick COVID-19 test** is positive, and the confirming **PCR COVID-19 test** is positive, the person will be isolated in the hotel room for 14 days.
    - The appropriate team\close contact persons should be tested accordingly next day;

**If an athlete/participant has positive Quick COVID-19 test result (upon arrival) and has some symptoms:**

- 1) --- To confirm the **Quick COVID-19 test**, a **PCR COVID-19 test** should be performed after. The participant is waiting for **PCR COVID-19 test** result in the hotel room.
- If the **Quick COVID-19 test** is positive, and the confirming **PCR COVID-19 test** is negative, the person is free to go to the competition venue to get his accreditation and participate in the competitions.
- The participant will be provided with necessary medical assistance by LOC Medical service.
- 2) --- If the **Quick COVID-19 test** is positive, and the confirming **PCR COVID-19 test** is positive, the person will be transported to special COVID-19 clinic for appropriate treatment.
  - The appropriate team\close contact persons should be tested accordingly next day;

**PCR COVID-19 test** will be done on the day before departure (Passengers who have been tested for COVID-19 within 48 hours prior to departure and have negative test results are allowed to fly by producing a valid certificate).

Vaccinated participants will also be tested. All athletes \ participants will be informed about their testing day.

PCR testing procedure will be executed at delegations' hotels.

#### **Actions (see APPENDIX - ACTIONS DURING THIRD PCR TEST PROCEDURE - BEFORE DEPARTURE):**

The participant is waiting for **PCR COVID-19 test** result in the hotel room.

**If an athlete/participant has positive PCR COVID-19 test result (before departure) and doesn't have any symptoms:**

- He will be isolated in the hotel room for 14 days.

--- The appropriate team\close contact persons should be tested accordingly at home next day;

**If an athlete/participant has positive PCR COVID-19 test (before departure) result and has some symptoms:**

--- He/she will be transported to special COVID-19 clinic for appropriate treatment.

--- The appropriate team\close contact persons should be tested accordingly at home next day;

**f)** – Local participants (LOC, volunteers, security staff, media, drivers, subcontractors, doping control etc.) must undergo the following required test.

**Quick COVID-19 test** will be done on the day of arrival of local staff to the venue. (The test must be done before starting their participation in the event). Vaccinated participants will also be tested.

**Actions (see APPENDIX - ACTIONS DURING QUICK TEST PROCEDURE FOR LOCAL STAFF - BEFORE COMPETITIONS):**

**If some member of local staff has positive Quick COVID-19 test result and doesn't have any symptoms:**

--- The local participant will be directed to his home with a dedicated car.

--- At home, he must call an Ambulance and report about case of positive quick test - for PCR test. He must inform LOC about result of PCR test.

--- If his PCR test is positive, LOC Medical service finds his close contacts - lunch, conversation, specific training contacts, etc.

**If some member of local staff has positive Quick COVID-19 test result and has some symptoms:**

--- The local participant will be directed to his home with a dedicated car.

--- At home, he must call an Ambulance and report about case of positive quick test and symptoms - for PCR test. He must inform LOC about result of PCR test.

--- If his PCR test is positive, LOC Medical service finds his close contacts - lunch, conversation, specific training contacts, etc.

**g)** - Additional tests would need to be repeated if the individual subsequently:

--- has had close contact with someone with documented COVID-19 infection

--- develops signs or symptoms of COVID- 19 infection

**2)** - Additional considerations when deciding who can attend/participate in the event:

- a)** - COVID-19 prevalence and active transmission rates in the location from which an individual is traveling;
- b)** - How long they have been in the event region;
- c)** - If they have had a prior case of documented COVID-19 from which they have recovered.

**1.7.** To use communication with **FIG** and other National Federations to encourage individuals at high risk for severe illness not to attend the event. Risk factors include:

1. > 65 years of age;
2. Expectant mothers;
3. Moderate to severe asthma;
4. Chronic lung disease;
5. Serious heart conditions;
6. Immunocompromised;
7. Severe obesity;
8. Diabetes;
9. Liver disease;
10. Oncological disease;
11. Living in a nursing home or long-term care facility.

## **2. Develop event medical plan with particular attention to COVID-19 factors.**

This plan should include:

**2.1.** Establishing medical team structure.

**2.2.** Determining required number and type of medical personnel.

**2.3.** Clearly defining roles and responsibilities of medical team members.

**2.4.** Determining necessary medical supplies. Specific to COVID-19, to order the required **Personal Protective Equipment (PPE)** for anyone who will be in close contact with those with a possible infection (i.e.: volunteers, vendors, security personnel and medical personnel should wear gloves and face masks).

When evaluating someone with possible COVID-19, medical personnel should wear face masks, gowns, gloves and goggles/face shields.

**2.5.** Determining medical clinic location(s),  
isolation room location(s),  
medical personnel locations outside the medical clinic (e.g., by the field of play, in the spectator locations, etc.)  
and ambulance location.

**2.6.** Identifying access/egress routes for medical personnel to key locations in the venue (e.g., from the field of play to the ambulance or medical clinic, from the medical clinic to the ambulance, etc.).

**2.7.** Creating lines of communication between medical team, local emergency medical services, event staff, athletes, coaches and spectators.

**2.8.** Developing infection prevention measures (see infection mitigation procedures section).

**2.9.** Identifying individuals with possible infection by:

-- **2.9.1.** - Screening everyone at the venue entrances for **signs and symptoms (including temperature check-s)** of COVID-19. If a body temperature is **37.5°C and above**, entry to the competition/training venue is **prohibited**.

--- **Denial of entry.** The LOC and the medical working team for COVID-19 can reject entrance to the competition/training venue to anyone who poses a risk of COVID-19 transmission.

**When declining entry to anyone, the LOC will pay attention to the human rights of the person and give a clear explanation based on facts.**

--- **2.9.2.** - Having designated event staff (e.g., security and medical personnel) observe athletes, coaches, event staff, media and spectators (if applicable) at the venue for **signs or symptoms of COVID-19 (including temperature checks)**.

--- **2.9.3.** - Each participant entering the MGA building and New Training Hall (if applicable) will be visually checked for symptoms of COVID-19 and his body temperature will be measured at each entrance with a non-contact thermometer.

**If the body temperature of incoming person is 37.5°C or higher or he has some other symptoms of COVID-19:**

**Actions (see Appendix - Actions during High Body Temperature Registration at the Entrance (37.5°C or higher) or Presence of other Symptoms of COVID-19 - during the competition/training):**

**a) - If he is an athlete / participant**

--- The participant will be directed to the **First-aid room 2**. He will wait for 15 minutes to restore the body thermal balance. He will be checked and questioned for any symptoms.

--- Then next temperature measurement - noncontact.

--- If the temperature is **37.5°C or higher** again - next measurement with a sterile contact thermometer.

--- If the temperature is 37.5°C or higher again - the participant will be sent to the **Venue Isolation Room**.

--- **In Venue Isolation Room - quick test** for the presence of **IgM antibodies** in the blood or **Chromatographic rapid test for viral antigens**.

--- **If quick test is negative** - the participant will continue to participate in the competitions and receive medical care from LOC.

--- **If quick test is positive** - next test - **PCR test** (the participant is waiting for result in the Isolation room at the competition/training venue).

- **If PCR test is negative** - the participant will continue to participate in the competitions and receive medical care from LOC.
- **If PCR test is positive** - the participant will be directed to COVID-19 clinic.
- LOC Medical service will find his close contacts he/she may have in the plane, hotel room, lunch, conversation, group training contacts, etc.
- LOC Medical service will organize **quick tests** for close contacts. If positive, the PCR tests will be conducted.
- If the second person from the same team has positive PCR test - LOC will check the whole team.

**b) - If he is a local staff**

- The local participant will be directed to the **First-aid room 1**. He will wait for 15 minutes to restore the body thermal balance. He will be checked and questioned for any symptoms.
- Then next temperature measurement - noncontact.
- If the temperature is 37.5°C or higher again - next measurement with a sterile contact thermometer.
- In **First-aid room 1** - if the temperature is 37.5°C or higher again - **quick test** for the presence of **IgM antibodies** in the blood **or Chromatographic rapid analysis for viral antigens**.
- **If quick test is negative** - the local participant will continue to participate in the competitions and receive medical care from LOC.
- **If quick test is positive** - the local participant will be directed home in a dedicated car.
- At home, he must call an **Ambulance** and report about case of positive quick test and high temperature - for **PCR testing**. He must inform LOC about **result of PCR test**.
- If his PCR test is positive, LOC Medical service will find his close contacts he/she may have in lunch, conversation, specific training contacts, etc.
  
- **2.9.4.** - Promoting self-monitoring for signs or symptoms of COVID- 19 through multi-modal communication before (e.g., e-mail, event website, social media, etc) and during (e.g., handouts, posters, announcements, texts, etc) the event.
  
- **2.9.5.** - Those with signs or symptoms of COVID-19 during the event should immediately contact the event medical team to arrange the evaluation.

### **3. Infection mitigation procedures**

Everyone (every participant of event) needs to assess and manage the risks of COVID-19, everyone should consider the risks to their team and colleagues. This means we need to think about the risks we face and do everything reasonably practicable to minimize them, recognizing we cannot completely eliminate the risk of COVID-19.

All participants, judges and officials shall take standard precautionary measures, such as frequent hand-washing, wearing masks or face coverings at all times and keeping a physical distance of at least 1.5 meters whenever possible. An exception is the situation in when a coach provides assistance (catch, lead, spotting) during an athlete's performance. This phase must be kept as short as possible and the assisting person is obliged to wear a mask.

Gymnasts and coaches shall avoid risky habits on the FOP. The unsafe practices related to virus transmission are:

- Spitting on the hands before performances;
- Shaking hands with or hugging others;
- No chalk (either powder or liquid) will be provided by the LOC. The delegations may bring only liquid chalk, if they actually need it. No powder chalk will be allowed in the arena;
- Any close physical interaction than absolutely necessary between gymnasts and coaches.

### **3.1. Education:**

- 1) - Ensure all event medical personnel have completed COVID-19 education;
- 2) - Prior to the event, provide multi-modal communications (e.g., e-mail, social media, website, race packet, etc.) regarding infection mitigation procedures (i.e.: hand washing, avoid touching face, 1,5m of social distancing, etc.);
- 3) - During the event, provide multi-modal communications (e.g., handouts, posters, overhead announcements, texts, event program, etc..) describing infection prevention measures (i.e.: hand washing, avoid touching face, 1,5m of social distancing, wearing PPE, etc.);
- 4) - People should be advised to stay away from the event if they feel ill. Persons who feel unwell (that is, have fever and cough) should stay at home and not attend the venue and avoid crowds until their symptoms resolve. This applies to participants as well as staff.

**3.2. Screening of everyone who enters the venue for body temperature. Check the wearing of masks.** As per the current regulations in Azerbaijan, wearing mask is compulsory both indoor & outdoor. All participants must wear masks at all times during the competition, both inside the MGA building / facility, the New Training Hall / facility, your hotel, and outside. An exception are the periods of time when you eat, train directly on the carpet / apparatus in the Training hall or perform on the Field of play, as well as while in the hotel room (if you are with members of your delegation in the room). If other people are nearby, be sure to wear masks.

The mask should be a standard 3-layer surgical mask (to change every 2 hours of continuous wearing), FFP2 \ KN95 category mask without valves (to change every 6 hours of continuous wearing), or sewn from an appropriate cotton fabric (multiple layers of tightly woven, breathable fabric with nose wire, and mask should block light when held up to bright light source, this kind of mask is reusable after appropriate cleaning according to WHO instructions).

**3.3. Use different entrances for GROUP 1, GROUP 2 and GROUP 3 if possible;**

**3.4. Develop a procedure that ensures social distancing at venue entrances, exits, training areas, changing rooms, spectating locations (e.g., every third seat, every third row, designated-marked standing locations for spectators with 1,5 metres between each standing location, etc.) and between GROUP 1 individuals (e.g., athletes enter stadium one by one, decreased number of competitors per heat, etc.);**

Training and competition in general are to be organized in a way that allows for small groups of people that are not changed for the duration of the competition. If, for example, there are to be major changes within the field of participants after qualification, it is recommended that the training/competition groups be adjusted *once* to ensure that the competitions run smoothly. The aim must be to ensure that in the event of infection, individual groups can be isolated without immediately affecting the entire field of participants.

Gymnasts do not need to wear a mask or face covering while they are performing at the training venue or on the FOP and keeping a physical distance of at least 1.5 meters whenever possible.

- 3.5.** Create clear separation between different GROUPS of people at the venue if possible;
- 3.6.** Monitor people at the venue for signs or symptoms of infection;
- 3.7.** Provide hand sanitizer in multiple targeted locations throughout the venue (i.e., near areas/items frequently touched by multiple people such as doorways, drinking dispensers, etc.);
- 3.8.** Provide facial tissue throughout the venue with adjacent trash receptacle; to create extra supplies of soap, hand sanitiser and paper towels and these should be securely stored;
- 3.9.** Establish frequent cleaning schedule for high touch areas using disinfectant before, during, and after the event Frequently touched areas (e.g., door handles, light switches) should be cleaned multiple times daily. Work-out equipment should be cleaned with antiseptic cleansers prior to use, between use by different athletes/participants, and after use;
- 3.10.** Clean equipment between each athlete use (if possible) or have athlete use their own equipment and prohibit sharing of equipment;

Additional specific measures to be taken or surfaces to be disinfected by wiping (and/or spraying) before a new training or competition group arrives per discipline (if possible) - see "**MEDICAL GUIDELINES FOR FIG COMPETITIONS AND EVENTS DURING THE COVID-19 PANDEMIC**"

Measures to be taken at least once a day (preferably after the last use of the equipment):

- Full disinfection of all surfaces that could have been touched by athletes and/or coaches.
- 3.11.** Janitorial/facilities staff performing cleaning and laundering should wear appropriate PPE (e.g., gloves, face masks) to prevent contact with potentially contaminated surfaces/items, and protect from toxicity associated with cleaning products;
- 3.12.** To minimize the number of people who touch food and hydration for athletes, and who have individual proper infection prevention measures (i.e., use hand sanitizer or wear gloves when touching the food or water bottle, etc.);
- 3.13.** Have athletes only use their own towel and hygiene products (e.g., soap, deodorant, etc.);
- 3.14.** To use screens or barriers to separate people from each other (reception desk, work tables, canteen, information desk, etc.).

A physical distance of at least 1.5 meters whenever possible between judges at the judges' table. When this is not possible, judges will be separated by a plexiglass or acrylic board.

**3.15.** To keep air ventilation system activity of venue buildings on effective level; periodically carry out disinfection procedure;

**3.16.** To constantly carry out sanitization of transferred items (remotes, keys, tools, etc.). If possible to cover these items with protective case or bags;

**3.17.** To consider any advice that has been produced specifically by government bodies;

**3.18.** To cooperate with hotel to ensure the necessary preventive measures and risk mitigation procedure are being implemented.

#### **4. Entering and exiting the competition/training venue**

It is vitally to maintain social distancing wherever possible, on arrival and departure and to ensure handwashing upon arrival. It is necessary to:

--- Arrange different arrival and departure times to avoid crowding into and out of the building. Crowding should be minimized where possible, and using distancing measures to reduce close contact among people during the gathering should be considered (for example, by increasing the frequency of transport, staggering arrivals, diverting departures and minimizing congregation at sanitary stations and food and water distribution areas).

--- Regularly desinfect the inside of vehicle cabs and between uses;

--- Fix transparent screen betweeen driver and other passengers' seats;

--- Provide additional parking areas where possible;

--- Limit number of participants in venue vehicles (for example, leaving seats empty)

--- Provide more storage for participants for clothes and bags;

--- Implement one-way flow at entry and exit points;

--- Provide handwashing facilities, or hand sanitizers at entry/exit points;

--- Use remotely working information readers (for reading cards, passes, etc.);

--- Avoid public transport only use if there is no choice.

--- Decrease maximum occupancy for elevators, provide hand sanitizer for each of elevator, encourage use of stairs (if applicable).

- Make sure that people with disabilities are able to access elevators;
- Manage use of high traffic areas - corridors, lifts, turnstiles to maintain social distancing.

### **5. Meetings and ceremonies**

- While attending any meetings, participants must follow risk-mitigation measures at all times. Participants must avoid physical contact, maintain physical distancing, wear masks or face coverings, and observe the rules on hand hygiene.
- Use remote working devices to avoid in-person meetings if possible;
- Only important participants should physically attend meetings under condition to maintain social distancing;
- Avoiding sharing pens, documents and other objects;
- Providing meeting rooms with disinfected stationery items and disinfect them after events
- Providing hand sanitizer in meeting rooms;
- Holding meetings in well-ventilated rooms;
- To use floor signage to help people maintain social distancing during meetings;
- To ensure that meeting rooms are disinfected after each meeting
- To consider virtual ceremonies, this can reduce physical contact.

### **6. CANTEENS (EATING AREAS)**

- The hotel must provide a dining room exclusively for the participants. Participants must avoid talking to each other while eating. If anyone does speak, even while eating, they should wear a mask or face covering.
- Dedicated eating areas for different GROUPS should be identified;
- Using safe outside zones for breaks;
- If required break times should be staggered to reduce congestion (2 meters rule);
- Create space and manage sitting 1 meters and tables 2 meters apart from each other whilst eating;

- Hand cleaning facilities or hand sanitizer should be available at the entrance of any room where people eat and should be used by workers when entering and leaving
- Keep equipment clean between use (kettles, microwaves etc.);
- Where catering is provided, it should be pre-prepared and wrapped food only;
- Drinking water should be provided with enhanced cleaning measures of the tap mechanism introduced;
- Tables should be cleaned between each use;
- All rubbish should be put straight in the bin and not left for someone else to clear up;
- All areas used for eating must be thoroughly cleaned at the end of each break and shift, including chairs, door handles, etc.

**7. Enhanced cleaning of common areas.**

- Enhanced and regular cleaning across all areas of the event utilizing approved cleaning products includes all buildings touch points;
- Enhanced and regular cleaning of escalators;
- Taps and washing facilities
- Toilet flushes and seats, showers, lockers and changing rooms;
- Door handles and push plates, hand rails on staircases and corridors;
- Elevators and control panels, machinery and equipment controls;
- Food preparation and eating surfaces;
- Telephone equipment, key boards, photocopiers and other office equipment;
- Rubbish collection and storage points should be increased and emptied regularly throughout and at the end of each day.

**8. Managing customers, visitors and contractors**

- To reduce the number of unnecessary visits to venue;
- Encouraging relation via remote connection;
- Limiting the number of visits for the same time;

- To determine time window for visits;
- To determine time window for essential services and contractor visits to reduce interaction and overlap between people;
- Encouraging visitors to use hand sanitizer or handwashing facilities as they enter the premises;
- To sanitize incoming persons and their bags in special disinfection tunnels before entering the buildings;
- To check body temperature of each incoming visitor.

#### **9. Handling goods and onsite vehicles**

- To reduce transmission through contact with objects that comes into the venue and vehicles at the venue site;
- (If necessary) to set cleaning procedures for goods and delivers entering the venue;
- (If necessary) to set cleaning procedures for vehicles;
- To install more number of hand washing facilities for staff handling goods;
- To regularly clean venue vehicles;
- To restrict non-venue deliveries;
- To consider reducing of frequency of deliveries, for example by ordering larger quantities less often.

#### **10. Doping control**

10.1 All doping control staff (SCA staff and chaperons) must undergo the **Quick COVID-19 test** on the day of their arrival to the venue. (The test must be done before starting their participation in the event). Vaccinated participants will also be tested.

10.2 Doping control will be implemented with strict protective measures for both gymnasts and sample-collection personnel according to the World Anti-Doping Agency's COVID-19 guidance for Anti-Doping Organizations.

#### **11. Implementation of this policy**

AGF ensures that this policy is communicated to the FIG. All participants coming to competitions should be informed about the appropriate contents of this policy.

## **12. Monitoring and evaluation**

AGF indicates the importance of this policy. In this way AGF helps to educate staff, reduce the risks that arise and take measures against the spread of COVID-19 pandemic.

LOC members should report compliance with this policy, including cases of symptoms of any event participant and violations of procedures.

**Azerbaijan Gymnastics Federation**

## APPENDIX

## MEDICAL FORM FOR HELTH MONITORING OF PARTICIPANTS (type all information on computer except signature)

TABLE 1		Country / Organization of participant:														
Send as PDF file to <a href="mailto:events@agf.az">events@agf.az</a> not later than your PCR test day	First name, second name, contact mobile phone number and e-mail of HoD:															
	First name, second name and position of participant:															
	Contact mobile phone number, WhatsApp number, and e-mail of participant:															
	Did the participant have close contact with a person with COVID-19 disease within last 14 days? (+ or -):															
<b>Date (period of last 10 days before PCR test)</b>	Symptoms*															
	Body temp. (in the morning \ in the evening), °C	Cough (+ or -)	Abnormal dyspnoea (+ or -)	Stuffy \ runny nose (+ or -)	Sore throat (+ or -)	Loss of smell (+ or -)	Loss of taste (+ or -)	Unusual aches (+ or -)	Unusual headaches (+ or -)	Diarrhea (+ or -)	Vomiting (+ or -)	Abnormal fatigue (+ or -)	Red eyes (+ or -)	Skin rash (+ or -)		
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*Dear colleagues, please note that the presence of one of the symptoms is a reason for an immediate visit to a doctor and for RCP test for COVID-19 infection.																
Person responsible for health monitoring:								Participant's hotel in Baku: _____								
First name, second name: _____								Date and time participant's flight from Baku (AZE): _____								
Position: _____																
Organization: _____																

## APPENDIX

## ACTIONS DURING QUICK TEST PROCEDURE - UPON ARRIVAL

<b>Obligatory test - Quick test at the hotel - upon arrival</b>				
Test type - a <b>quick test</b> for the presence of <b>IgM antibodies</b> in the blood <b>OR</b> <b>Immune chromatographic rapid</b> analysis for viral antigens				
Quick test is positive, <b>no symptoms</b>	Quick test is positive, <b>there are symptoms</b>			
<b>PCR test</b> (the participant will wait for result in the hotel room)		<b>PCR test</b> (the participant will wait for result in the hotel room)		
PCR test is negative	PCR test is positive	PCR test is negative	PCR test is positive	
The participant is free to go to the competition venue to get his accreditation and participate in the competitions	The participant is isolated in Hotel room for 14 days	The participant is free to go to the competition venue to get his accreditation and participate in the competitions	The participant is directed to COVID-19 clinic	
	Team \ close contacts will be tested next day	The participant receives medical care from LOC	Team \ close contacts will be tested next day	

## APPENDIX

## ACTIONS DURING PCR TEST PROCEDURE - BEFORE DEPARTURE

<b>Obligatory PCR test</b> at the hotel - before departure	
Test type - <b>PCR test</b> with a response delay of 6-8 hours (max)	
PCR test is positive, <b>no symptoms</b>	PCR test is positive, <b>there are symptoms</b>
The participant will be isolated in Hotel room for 14 days	The participant will be directed to COVID-19 clinic
Team \ close contacts will be tested at home next day	Team \ close contacts will be tested at home next day

## APPENDIX

## ACTIONS DURING QUICK TEST PROCEDURE FOR LOCAL STAFF - BEFORE COMPETITIONS

<b>Obligatory quick test</b> for local staff - before competitions	
Test type - a <b>quick test</b> for the presence of <b>IgM antibodies</b> in the blood <b>OR</b> <b>Immune chromatographic rapid</b> analysis for viral antigens	
Quick test is positive, <b>no symptoms</b>	Quick test is positive, <b>there are symptoms</b>
The local participant will be directed to his home with a dedicated car	The local participant will be directed to his home with a dedicated car
At home, he must call an Ambulance and report about case of positive quick test - for PCR test. He must inform LOC about result of PCR test	At home, he must call an Ambulance and report about case of positive quick test and symptoms - for PCR test. He must inform LOC about result of PCR test.
If his PCR test is positive, LOC Medical service finds his close contacts - lunch, conversation, specific training contacts, etc	If his PCR test is positive, LOC Medical service finds his close contacts - lunch, conversation, specific training contacts, etc

## APPENDIX

## **ACTIONS DURING HIGH BODY TEMPERATURE REGISTRATION AT THE ENTRANCE**

**(37.5°C OR HIGHER)**

#### **OR PRESENCE OF OTHER SYMPTOMS OF COVID-19 - DURING COMPETITION**

High body temperature registration at the entrance (37.5°C or higher) or presence of other symptoms of COVID-19 (during competition)				
Athlete \ Participant		Local staff		
The participant will be directed to the <b>First-aid room 2</b> . He will wait for 15 minutes to restore the <b>body thermal balance</b> . He will be checked and questioned for any symptoms.		The local participant will be directed to the <b>First-aid room 1</b> . He will wait for 15 minutes to restore the <b>body thermal balance</b> . He will be checked and questioned for any symptoms.		
Then next temperature measurement - <b>noncontact</b>		Then next temperature measurement - <b>noncontact</b>		
If the temperature is 37.5°C or higher again - next measurement with a <b>sterile contact thermometer</b> .		If the temperature is 37.5°C or higher again - next measurement with a <b>sterile contact thermometer</b> .		
If the temperature is 37.5°C or higher again - the participant will be sent to the <b>Venue Isolation Room</b> .				
In <b>Venue Isolation Room</b> - quick test for the presence of <b>IgM antibodies in the blood OR Immune chromatographic rapid analysis for viral antigens</b>		In <b>First-aid room 1</b> - If the temperature is 37.5°C or higher again - quick test for the presence of <b>IgM antibodies in the blood OR Immune chromatographic rapid analysis for viral antigens</b>		
Quick test is negative	Quick test is positive	Quick test is negative	Quick test is positive	
The participant will continue to participate in the competitions and receive medical care from <b>LOC</b> .	Next test - <b>PCR test</b> (the participant is waiting for result in <b>the Venue Isolation Room</b> at the competition/training venue).	The local participant will continue to participate in the competitions and receive medical care from <b>LOC</b> .	The local participant will be directed home in a dedicated car.	
	PCR test is negative	PCR test is positive	At home, he must call an <b>Ambulance</b> and report about case of positive quick test and high temperature - for <b>PCR test</b> . He must inform <b>LOC</b> about result of <b>PCR test</b> .	
	The participant will continue to participate in the competitions and receive medical care from <b>LOC</b> .	The participant will be directed to <b>COVID-19 clinic</b> .		
	<b>LOC Medical service</b> will find his close contacts - plane, hotel room, lunch, conversation, group training contacts, etc.			
	<b>LOC Medical service</b> will organize <b>quick tests</b> for close contacts. If positive, the <b>PCR tests</b> will be conducted.			
	If the second person of the same team has positive <b>PCR test</b> - <b>LOC</b> will check the whole team.			