



Training schedules

Tuesday, October 15th, 2024						
	Warm-up		Training hall		Competition hall	
	Start	End	Start	End	Start	End
Training for Junior Men's Teams	10:00	10:40	10:35	12:15	10:55	12:35
Training for Junior Mixed Teams	12:00	12:40	12:35	14:15	12:55	14:35
Training for Junior Women's Teams	14:00	15:00	14:35	16:35	14:55	16:55

Wednesday, October 16th, 2024						
	Warm-up		Training hall		Competition hall	
	Start	End	Start	End	Start	End
Training for Senior Women's Teams	09:00	09:50	09:35	11:25	09:55	11:45
Training for Senior Mixed Teams	11:00	12:00	11:35	13:35	11:55	13:55
Training for Senior Men's Teams	13:10	14:00	13:45	15:35	14:05	15:55



Training for Junior Men's Teams

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Tuesday
October 15th, 2024

General warm-up start 10:00
Apparatus warm-up start 10:35
Training in competition hall start 10:55
End of training 12:35

#	Section	Team	Rnd	General warm-up		Apparatus warm-up						Competition hall					
				Start	End	Floor		Tumble		Trampet		Floor		Tumble		Trampet	
						Start	End	Start	End	Start	End	Start	End	Start	End	Start	End
1	JUNIOR MEN	SWE	1		10:00	10:30	10:35	10:45				10:55	11:05				
2	JUNIOR MEN	GBR	1		10:00	10:30			10:35	10:45				10:55	11:05		
3	JUNIOR MEN	DEN	1		10:00	10:30					10:35	10:45				10:55	11:05
4	JUNIOR MEN	NOR	1		10:10	10:40	10:45	10:55				11:05	11:15				
5	JUNIOR MEN	ISL	1		10:10	10:40			10:45	10:55				11:05	11:15		
6	JUNIOR MEN	SWE	2								11:15	11:25				11:35	11:45
7	JUNIOR MEN	GBR	2				11:15	11:25				11:35	11:45				
8	JUNIOR MEN	DEN	2						11:15	11:25				11:35	11:45		
9	JUNIOR MEN	NOR	2								11:25	11:35				11:45	11:55
10	JUNIOR MEN	ISL	2				11:25	11:35				11:45	11:55				
11	JUNIOR MEN	SWE	3						11:55	12:05				12:15	12:25		
12	JUNIOR MEN	GBR	3								11:55	12:05				12:15	12:25
13	JUNIOR MEN	DEN	3				11:55	12:05				12:15	12:25				
14	JUNIOR MEN	NOR	3						12:05	12:15				12:25	12:35		
15	JUNIOR MEN	ISL	3								12:05	12:15				12:25	12:35

Training for Junior Mixed Teams

Tuesday
October 15th, 2024

General warm-up start 12:00
Apparatus warm-up start 12:35
Training in competition hall start 12:55
End of training 14:35

#	Section	Team	Rnd	General warm-up		Apparatus warm-up						Competition hall					
				Start	End	Floor		Tumble		Trampet		Floor		Tumble		Trampet	
						Start	End	Start	End	Start	End	Start	End	Start	End	Start	End
1	JUNIOR MIXED	DEN	1		12:00	12:30	12:35	12:45				12:55	13:05				
2	JUNIOR MIXED	NOR	1		12:00	12:30			12:35	12:45				12:55	13:05		
3	JUNIOR MIXED	ISL	1		12:00	12:30					12:35	12:45				12:55	13:05
4	JUNIOR MIXED	GBR	1		12:10	12:40	12:45	12:55				13:05	13:15				
5	JUNIOR MIXED	SWE	1		12:10	12:40			12:45	12:55				13:05	13:15		
6	JUNIOR MIXED	DEN	2						13:15	13:25				13:35	13:45		
7	JUNIOR MIXED	NOR	2								13:15	13:25				13:35	13:45
8	JUNIOR MIXED	ISL	2				13:15	13:25					13:35	13:45			
9	JUNIOR MIXED	GBR	2						13:25	13:35				13:45	13:55		
10	JUNIOR MIXED	SWE	2								13:25	13:35				13:45	13:55
11	JUNIOR MIXED	DEN	3								13:55	14:05				14:15	14:25
12	JUNIOR MIXED	NOR	3				13:55	14:05					14:15	14:25			
13	JUNIOR MIXED	ISL	3						13:55	14:05				14:15	14:25		
14	JUNIOR MIXED	GBR	3								14:05	14:15				14:25	14:35
15	JUNIOR MIXED	SWE	3				14:05	14:15					14:25	14:35			

Training for Junior Women's Teams

Tuesday
October 15th, 2024

General warm-up start 14:00
Apparatus warm-up start 14:35
Training in competition hall start 14:55
End of training 16:55

				General warm-up		Apparatus warm-up						Competition hall					
#	Section	Team	Rnd	Start	End	Floor		Tumble		Trampet		Floor		Tumble		Trampet	
						Start	End	Start	End	Start	End	Start	End	Start	End	Start	End
1	JUNIOR WOMEN	NOR	1	14:00	14:30	14:35	14:45					14:55	15:05				
2	JUNIOR WOMEN	GBR	1	14:00	14:30			14:35	14:45					14:55	15:05		
3	JUNIOR WOMEN	LUX	1	14:00	14:30					14:35	14:45					14:55	15:05
4	JUNIOR WOMEN	DEN	1	14:10	14:40	14:45	14:55					15:05	15:15				
5	JUNIOR WOMEN	SWE	1	14:10	14:40			14:45	14:55					15:05	15:15		
6	JUNIOR WOMEN	FIN	1	14:10	14:40					14:45	14:55					15:05	15:15
7	JUNIOR WOMEN	ISL	1	14:20	14:50	14:55	15:05					15:15	15:25				
8	JUNIOR WOMEN	POR	1	14:20	14:50			14:55	15:05					15:15	15:25		
9	JUNIOR WOMEN	ITA	1	14:20	14:50					14:55	15:05					15:15	15:25
10	JUNIOR WOMEN	CZE	1	14:30	15:00	15:05	15:15					15:25	15:35				
11	JUNIOR WOMEN	NOR	2					15:15	15:25					15:35	15:45		
12	JUNIOR WOMEN	GBR	2							15:15	15:25					15:35	15:45
13	JUNIOR WOMEN	LUX	2			15:15	15:25					15:35	15:45				
14	JUNIOR WOMEN	DEN	2					15:25	15:35					15:45	15:55		
15	JUNIOR WOMEN	SWE	2							15:25	15:35					15:45	15:55
16	JUNIOR WOMEN	FIN	2			15:25	15:35					15:45	15:55				
17	JUNIOR WOMEN	ISL	2					15:35	15:45					15:55	16:05		
18	JUNIOR WOMEN	POR	2							15:35	15:45					15:55	16:05
19	JUNIOR WOMEN	ITA	2			15:35	15:45					15:55	16:05				
20	JUNIOR WOMEN	CZE	2					15:45	15:55					16:05	16:15		
21	JUNIOR WOMEN	NOR	3							15:55	16:05					16:15	16:25
22	JUNIOR WOMEN	GBR	3			15:55	16:05					16:15	16:25				
23	JUNIOR WOMEN	LUX	3					15:55	16:05					16:15	16:25		
24	JUNIOR WOMEN	DEN	3							16:05	16:15					16:25	16:35
25	JUNIOR WOMEN	SWE	3			16:05	16:15					16:25	16:35				
26	JUNIOR WOMEN	FIN	3					16:05	16:15					16:25	16:35		
27	JUNIOR WOMEN	ISL	3							16:15	16:25					16:35	16:45
28	JUNIOR WOMEN	POR	3			16:15	16:25					16:35	16:45				
29	JUNIOR WOMEN	ITA	3					16:15	16:25					16:35	16:45		
30	JUNIOR WOMEN	CZE	3							16:25	16:35					16:45	16:55

Training for Senior Women's Teams

Wednesday
October 16th, 2024

General warm-up start 09:00
Apparatus warm-up start 09:35
Training in competition hall start 09:55
End of training 11:45

				General warm-up		Apparatus warm-up						Competition hall					
#	Section	Team	Rnd	Start	End	Floor		Tumble		Trampet		Floor		Tumble		Trampet	
						Start	End	Start	End	Start	End	Start	End	Start	End	Start	End
1	SENIOR WOMEN	DEN	1	09:00	09:30	09:35	09:45					09:55	10:05				
2	SENIOR WOMEN	AUT	1	09:00	09:30			09:35	09:45					09:55	10:05		
3	SENIOR WOMEN	NOR	1	09:00	09:30					09:35	09:45					09:55	10:05
4	SENIOR WOMEN	FIN	1	09:10	09:40	09:45	09:55					10:05	10:15				
5	SENIOR WOMEN	CZE	1	09:10	09:40			09:45	09:55					10:05	10:15		
6	SENIOR WOMEN	SWE	1	09:10	09:40					09:45	09:55					10:05	10:15
7	SENIOR WOMEN	GBR	1	09:20	09:50	09:55	10:05					10:15	10:25				
8	SENIOR WOMEN	ISL	1	09:20	09:50			09:55	10:05					10:15	10:25		
9	SENIOR WOMEN	DEN	2							10:15	10:25					10:35	10:45
10	SENIOR WOMEN	AUT	2			10:15	10:25					10:35	10:45				
11	SENIOR WOMEN	NOR	2					10:15	10:25					10:35	10:45		
12	SENIOR WOMEN	FIN	2							10:25	10:35					10:45	10:55
13	SENIOR WOMEN	CZE	2			10:25	10:35					10:45	10:55				
14	SENIOR WOMEN	SWE	2					10:25	10:35					10:45	10:55		
15	SENIOR WOMEN	GBR	2							10:35	10:45					10:55	11:05
16	SENIOR WOMEN	ISL	2			10:35	10:45					10:55	11:05				
17	SENIOR WOMEN	DEN	3					10:55	11:05					11:15	11:25		
18	SENIOR WOMEN	AUT	3							10:55	11:05					11:15	11:25
19	SENIOR WOMEN	NOR	3			10:55	11:05					11:15	11:25				
20	SENIOR WOMEN	FIN	3					11:05	11:15					11:25	11:35		
21	SENIOR WOMEN	CZE	3							11:05	11:15					11:25	11:35
22	SENIOR WOMEN	SWE	3			11:05	11:15					11:25	11:35				
23	SENIOR WOMEN	GBR	3					11:15	11:25					11:35	11:45		
24	SENIOR WOMEN	ISL	3							11:15	11:25					11:35	11:45

Training for Senior Mixed Teams

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Wednesday	General warm-up start	11:00
October 16th, 2024	Apparatus warm-up start	11:35
	Training in competition hall start	11:55
	End of training	13:55

#	Section	Team	Rnd	General warm-up		Apparatus warm-up						Competition hall					
				Start	End	Floor		Tumble		Trampet		Floor		Tumble		Trampet	
						Start	End	Start	End	Start	End	Start	End	Start	End	Start	End
1	SENIOR MIXED	ITA	1	11:00	11:30	11:35	11:45					11:55	12:05				
2	SENIOR MIXED	NOR	1	11:00	11:30			11:35	11:45					11:55	12:05		
3	SENIOR MIXED	GBR	1	11:00	11:30					11:35	11:45					11:55	12:05
4	SENIOR MIXED	CZE	1	11:10	11:40	11:45	11:55					12:05	12:15				
5	SENIOR MIXED	ISL	1	11:10	11:40			11:45	11:55					12:05	12:15		
6	SENIOR MIXED	DEN	1	11:10	11:40					11:45	11:55					12:05	12:15
7	SENIOR MIXED	AUT	1	11:20	11:50	11:55	12:05					12:15	12:25				
8	SENIOR MIXED	NED	1	11:20	11:50			11:55	12:05					12:15	12:25		
9	SENIOR MIXED	SWE	1	11:20	11:50					11:55	12:05					12:15	12:25
10	SENIOR MIXED	FIN	1	11:30	12:00	12:05	12:15					12:25	12:35				
11	SENIOR MIXED	ITA	2					12:15	12:25					12:35	12:45		
12	SENIOR MIXED	NOR	2							12:15	12:25					12:35	12:45
13	SENIOR MIXED	GBR	2			12:15	12:25					12:35	12:45				
14	SENIOR MIXED	CZE	2					12:25	12:35					12:45	12:55		
15	SENIOR MIXED	ISL	2							12:25	12:35					12:45	12:55
16	SENIOR MIXED	DEN	2			12:25	12:35					12:45	12:55				
17	SENIOR MIXED	AUT	2					12:35	12:45					12:55	13:05		
18	SENIOR MIXED	NED	2							12:35	12:45					12:55	13:05
19	SENIOR MIXED	SWE	2			12:35	12:45					12:55	13:05				
20	SENIOR MIXED	FIN	2					12:45	12:55					13:05	13:15		
21	SENIOR MIXED	ITA	3							12:55	13:05					13:15	13:25
22	SENIOR MIXED	NOR	3			12:55	13:05					13:15	13:25				
23	SENIOR MIXED	GBR	3					12:55	13:05					13:15	13:25		
24	SENIOR MIXED	CZE	3							13:05	13:15					13:25	13:35
25	SENIOR MIXED	ISL	3			13:05	13:15					13:25	13:35				
26	SENIOR MIXED	DEN	3					13:05	13:15					13:25	13:35		
27	SENIOR MIXED	AUT	3							13:15	13:25					13:35	13:45
28	SENIOR MIXED	NED	3			13:15	13:25					13:35	13:45				
29	SENIOR MIXED	SWE	3					13:15	13:25					13:35	13:45		
30	SENIOR MIXED	FIN	3							13:25	13:35					13:45	13:55

Training for Senior Men's Teams

Wednesday
October 16th, 2024

General warm-up start **13:10**
 Apparatus warm-up start **13:45**
 Training in competition hall start **14:05**
 End of training **15:55**

				General warm-up		Apparatus warm-up						Competition hall					
#	Section	Team	Rnd	Start	End	Floor		Tumble		Trampet		Floor		Tumble		Trampet	
						Start	End	Start	End	Start	End	Start	End	Start	End	Start	End
1	SENIOR MEN	DEN	1	13:10	13:40												
2	SENIOR MEN	POR	1	13:10	13:40			13:45	13:55			14:05	14:15				
3	SENIOR MEN	GBR	1	13:10	13:40					13:45	13:55					14:05	14:15
4	SENIOR MEN	EST	1	13:20	13:50	13:55	14:05					14:15	14:25				
5	SENIOR MEN	NOR	1	13:20	13:50			13:55	14:05					14:15	14:25		
6	SENIOR MEN	SWE	1	13:20	13:50					13:55	14:05					14:15	14:25
7	SENIOR MEN	ITA	1	13:30	14:00	14:05	14:15					14:25	14:35				
8	SENIOR MEN	AZE	1	13:30	14:00			14:05	14:15					14:25	14:35		
9	SENIOR MEN	DEN	2							14:25	14:35					14:45	14:55
10	SENIOR MEN	POR	2			14:25	14:35					14:45	14:55				
11	SENIOR MEN	GBR	2					14:25	14:35					14:45	14:55		
12	SENIOR MEN	EST	2							14:35	14:45					14:55	15:05
13	SENIOR MEN	NOR	2			14:35	14:45					14:55	15:05				
14	SENIOR MEN	SWE	2					14:35	14:45					14:55	15:05		
15	SENIOR MEN	ITA	2							14:45	14:55					15:05	15:15
16	SENIOR MEN	AZE	2			14:45	14:55					15:05	15:15				
17	SENIOR MEN	DEN	3					15:05	15:15					15:25	15:35		
18	SENIOR MEN	POR	3							15:05	15:15					15:25	15:35
19	SENIOR MEN	GBR	3			15:05	15:15					15:25	15:35				
20	SENIOR MEN	EST	3					15:15	15:25					15:35	15:45		
21	SENIOR MEN	NOR	3							15:15	15:25					15:35	15:45
22	SENIOR MEN	SWE	3			15:15	15:25					15:35	15:45				
23	SENIOR MEN	ITA	3					15:25	15:35					15:45	15:55		
24	SENIOR MEN	AZE	3							15:25	15:35					15:45	15:55