

**“GRACE OF NATURE” INTERNATIONAL TOURNAMENT IN RHYTHMIC GYMNASTICS DEDICATED
TO THE 100TH ANNIVERSARY OF THE NATIONAL LEADER HEYDAR ALIYEV**

NAKHCHIVAN, AZERBAIJAN

SEPTEMBER 21 & 22, 2023

Competition Schedule



21 September, Thursday	
10:00 - 10:50	Gymnasts born in 2015 (Group C+B) (W/A + apparatus by choice)
10:50 - 11:50	Gymnasts born in 2015 (Group A) Gymnasts born in 2016 (Group A)
11:50 - 12:45	Gymnasts born in 2017 (Group B + A) (W/A)
12:45 - 13:15	Award Ceremony (2015 (Group A, B, C), 2016 (Group A), 2017 (Group A, B))
13:15 - 14:15	Break
14:15 - 15:25	Gymnasts born in 2013 (Group B+A)
15:25 - 15:55	Gymnasts born in 2011 (Group C) - 1 apparatus, 2012 (Group C), 2013 (Group C)
15:55 - 16:20	Award Ceremony (2011 (Group C), 2012 (Group C), 2013 (Group A, B, C))
16:20 - 17:05	Gymnasts born in 2011 (Group A, B) - One apparatus, 2012 (Group A, B) One apparatus
17:05 - 17:10	Award Ceremony (2012 (Group A (Hoop, Ball)))
17:10 - 18:20	2008-2010 (hoop, ball)
19:00	Opening Ceremony
22 September, Friday	
10:00 - 11:45	Gymnasts born in 2014 (Group B)
11:45 - 12:20	Gymnasts born in 2014 (Group A, C)
12:20 - 13:00	Gymnasts born in 2016 (Group B, C)
13:00 - 13:30	Award Ceremony (2014 (Group A, B, C) / 2016 – (Group B, C))
13:30 - 14:30	Break
14:30 - 15:00	Gymnasts born in 2012 (Group A, B) - One apparatus
15:00 - 15:40	Gymnasts born in 2011 (Group A, B) - Two apparatus
15:40 - 16:50	Gymnasts born in 2008-2010 (Clubs, Ribbon)
16:50 - 17:00	Break
17:00 - 17:30	Group exercises
17:30 - 18:15	Award Ceremony (2012 (Group A, B (All-around, Clubs)) / 2011 (Group A, B) / 2008-2010 (Group exercises)