



HOOP

SUN 09 2021

No	RANG	5:27	6:27	7	8	wait	Podium
1	7	10:54:00	11:54:00			11:54:00	11:59:00
2	8		10:58:00	11:58:00	12:03:00		12:03:00
3	2	11:02:00	12:02:00			12:02:00	12:07:00
4	1		11:06:00	12:06:00	12:11:00		12:11:00
5	5	11:10:00	12:10:00			12:10:00	12:15:00
6	6		11:14:00	12:14:00	12:19:00		12:19:00
7	4	11:18:00	12:18:00			12:18:00	12:23:00
8	3		11:22:00	12:22:00	12:27:00		12:27:00

Stretching area will be available 30 minutes prior to the start of official training.



FRI 07 MAY 2021



Ball

No	RANG	5:27	6:27	7	8	wait	Podium
1	6	11:29:00	12:29:00			12:29:00	12:34:00
2	3		11:33:00	12:33:00	12:38:00		12:38:00
3	7	11:37:00	12:37:00			12:37:00	12:42:00
4	4		11:41:00	12:41:00	12:46:00		12:46:00
5	8	11:45:00	12:45:00			12:45:00	12:50:00
6	5		11:49:00	12:49:00	12:54:00		12:54:00
7	1	11:53:00	12:53:00			12:53:00	12:58:00
8	2		11:57:00	12:57:00	13:02:00		13:02:00

Stretching area will be available 30 minutes prior to the start of official training.

FINAL 5 BALLS

No	RANG	1:27	2:27	3:27	4:27	7	8	wait	apparatus	podium
1	7	11:57:30	12:57:30			12:57:30	13:07:30		balls	13:10:00
2	2	12:02:30	13:02:30					13:02:30	balls	13:15:00
3	1		12:07:30	13:07:30		13:07:30	13:17:30		balls	13:20:00
4	5		12:12:30	13:12:30				13:12:30	balls	13:25:00
5	3			12:17:30	13:17:30			13:17:30	balls	13:30:00
6	6			12:22:30	13:22:30			13:22:30	balls	13:35:00
7	8				12:27:30	13:27:30		13:27:30	balls	13:40:00
8	4				12:32:30	13:32:30		13:32:30	balls	13:45:00

Stretching area will be available 30 minutes prior to the start of official training.



CLUBS

SUN 09 2021

No	RANG	5 ² / ₂		6 ² / ₂		7		8		wait	Podium	
1	5	13:10:00	14:10:00					14:10:00	14:15:00	14:15:00	14:16:00	14:20:00
2	6			13:14:00	14:14:00	14:14:00	14:19:00			14:19:00	14:20:00	14:24:00
3	4	13:18:00	14:18:00					14:18:00	14:23:00	14:23:00	14:24:00	14:28:00
4	1			13:22:00	14:22:00	14:22:00	14:27:00			14:27:00	14:28:00	14:32:00
5	8	13:26:00	14:26:00					14:26:00	14:31:00	14:31:00	14:32:00	14:36:00
6	7			13:30:00	14:30:00	14:30:00	14:35:00			14:35:00	14:36:00	14:40:00
7	3	13:34:00	14:34:00					14:34:00	14:39:00	14:39:00	14:40:00	14:44:00
8	2			13:38:00	14:38:00	14:38:00	14:43:00			14:43:00	14:44:00	14:48:00

Stretching area will be available 30 minutes prior to the start of official training.

Ribbon

No	RANG	5 ² / ₂		6 ² / ₂		7		8		wait	Podium	
1	7	13:45:00	14:45:00					14:45:00	14:50:00	14:50:00	14:51:00	14:55:00
2	3			13:49:00	14:49:00	14:49:00	14:54:00			14:54:00	14:55:00	14:59:00
3	4	13:53:00	14:53:00					14:53:00	14:58:00	14:58:00	14:59:00	15:03:00
4	6			13:57:00	14:57:00	14:57:00	15:02:00			15:02:00	15:03:00	15:07:00
5	2	14:01:00	15:01:00					15:01:00	15:06:00	15:06:00	15:07:00	15:11:00
6	5			14:05:00	15:05:00			15:05:00	15:10:00	15:10:00	15:11:00	15:15:00
7	1	14:09:00	15:09:00					15:09:00	15:14:00	15:14:00	15:15:00	15:19:00
8	8			14:13:00	15:13:00			15:13:00	15:18:00	15:18:00	15:19:00	15:23:00

Stretching area will be available 30 minutes prior to the start of official training.

FINAL HOOPS/CLUBS

No	RANG	1 ² / ₂		2 ² / ₂		3 ² / ₂		4 ² / ₂		7	8	wait	apparatus	podium	
1	5	14:13:30	15:13:30							15:13:30	15:23:30	15:23:30	hoop/clubs	15:26:00	15:31:00
2	7	14:18:30	15:18:30								15:18:30	15:28:30	15:28:30	15:31:00	15:36:00
3	1			14:23:30	15:23:30					15:23:30	15:33:30	15:33:30	15:33:30	15:36:00	15:41:00
4	4			14:28:30	15:28:30						15:28:30	15:38:30	15:38:30	15:41:00	15:46:00
5	6					14:33:30	15:33:30			15:33:30	15:43:30	15:43:30	15:43:30	15:46:00	15:51:00
6	8					14:38:30	15:38:30				15:38:30	15:48:30	15:48:30	15:51:00	15:56:00
7	2							14:43:30	15:43:30	15:43:30	15:53:30	15:53:30	15:53:30	15:56:00	16:01:00
8	3							14:48:30	15:48:30			15:48:30	15:58:30	16:01:00	16:06:00

Stretching area will be available 30 minutes prior to the start of official training.



FIG RHYTHMIC GYMNASTICS WORLD CUP BAKU (AZERBAIJAN)

May 7-9, 2021



CLUBS

SUN 09 2021

5 balls		1	2	3	4	5	6	7	8
No	RANG								
1	7	8.30-9.30							
2	2		8.30-9.30						
3	1			8.30-9.30					
4	5				8.30-9.30				
5	3					8.30-9.30			
6	6						8.30-9.30		
7	8							8.30-9.30	
8	4								8.30-9.30
Hoop/clubs		1	2	3	4	5	6	7	8
No	RANG								
1	5	9.30-10.30							
2	7		9.30-10.30						
3	1			9.30-10.30					
4	4				9.30-10.30				
5	6					9.30-10.30			
6	8						9.30-10.30		
7	2							9.30-10.30	
8	3								9.30-10.30

Stretching area will be available 30 minutes prior to the start of official training.