

**AZERBAIJAN GYMNASTICS FEDERATION**

**SAFETY PROCEDURES FOR INTERNATIONAL COMPETITIONS  
DURING COVID-19 PANDEMIC**

**Objective**

Azerbaijan Gymnastics Federation (AGF) is dedicated to protecting the health and safety of event participants and all persons involved in the international competitions held during the COVID-19 pandemic.

The purpose of this document is to provide the necessary information to be used to assist with planning and implementing of necessary measures during the sports event in the context of COVID-19.

During the staging of international competitions, the main purpose is to effectively minimize the risk of spreading COVID-19, as athletes, staff, media and spectators (if applicable) travel to the international event from various countries with a different level of spread of this disease.

The policy includes hand sanitizing stations and temperature check at all entrances, protective screens, personal protective equipment for participants, enhanced and recorded cleaning and disinfection frequency paying special attention to vehicles, apparatus and other high-touch items, displaying signs about COVID-19 and physical distancing in all areas of event premises etc. Until COVID-19 is either eradicated or collective immune protection of people appears due to vaccination, there is no way of completely eliminating the risk of fatal infection. As Organizer, this should always be in the forefront of our mind when planning the event.

AGF will follow “Medical Organization of the FIG (International Gymnastics Federation) Competitions and Events” and “Medical Guidelines for FIG Competitions and Events during the Covid-19 Pandemic”.

AGF will consult health authorities and local governmental bodies to ensure that the health system has sufficient resources to manage a crisis situation if it occurs.

The FIG, the LOC members and all the participants must respect the laws and regulations of Azerbaijan and any local governmental bodies at the events held in Azerbaijan during the pandemic.

Laws and regulations set by national and local governmental bodies must always prevail over the requirements and recommendations specified in the present Safety Procedure.

**1. Event Planning**

AGF admits that the medical planning of the FIG competition is based on the following main documents - “Medical Organization of the FIG Competitions and Events” and “Medical Guidelines for FIG Competitions and Events during The Covid-19 Pandemic” (with Appropriate WHO Documents included into the second document).

AGF will use the appropriate World Health Organization (WHO) resources to help to evaluate the risk of the event and develop a risk mitigation plan:

- WHO Mass Gathering Sports Addendum Risk Assessment tools in the context of COVID-19;
- WHO Pandemic phase descriptions and actions by phase;
- WHO Pandemic Phases;

- Cleaning and disinfection of environmental surfaces in the context of COVID-19;
- Guidance for Testing during Covid-19 Pandemic;
- Key planning recommendations for Mass Gatherings in the context of the current COVID-19 outbreak;
- Considerations for sports federations/sports event organizers when planning mass gatherings in the context of COVID-19;
- Mass gatherings COVID-19 decision tree.

**1.1.** AGF will appoint the Chief Medical Officer (CMO) of the event as the director of the medical working team for COVID-19. AGF will make sure that both the Director and the Medical working team members have sufficient knowledge of COVID-19 and appropriate channels specialists on COVID-19, testing protocols and public health.

The team will communicate with the health authorities about the risk-mitigation measures, testing, and the management of COVID-19 patients and close contact between people as often as possible throughout the event.

**1.2.** Once the organization of the international event is authorized by the government, AGF will negotiate with the appropriate state bodies to obtain the permission for the delegations' members to enter the country.

The AGF will be instructed by the government on the legal and health requirements for international and domestic participants.

**1.3.** AGF will identify local healthcare resources (e.g., urgent cares, emergency rooms, ambulance services), notify them of the event time and location, develop the event's medical plan with their input, create an information e-book with contact numbers of LOC medical service will be sent to athletes, coaches, event staff, and media.

**1.4.** AGF will determine who or what group will have decision making authority to modify, restrict, postpone, or cancel the event. The medical representative of FIG shall be a part of decision making concerning the cancellation of the event based upon public health risk.

**1.5.** AGF in close cooperation with appropriate state bodies will determine who will be allowed at the event by grouping people into Groups from essential to non-essential and decide which Groups will be allowed at the event:

- 1) - **GROUP 1 (Essential):** Athletes, coaches, officials, event staff, medical staff, security, anti-doping officials;
- 2) - **GROUP 2 (Preferred):** Media, volunteers, additional contracting staff;
- 3) - **GROUP 3 (Non-essential):** Spectators, VIP quests, vendors.

AGF, in close cooperation with appropriate state bodies, will decide whether or not the event accepts spectators based on the health and social context of the country.

When the event allows spectators, the AGF must put risk-mitigation measures in place, such as health checks at the entrance, keeping physical distance in the stands, observing the rules on hand hygiene and the promotion of risk-mitigation measures.

#### 1.6. Criteria for attending/participating in the event:

##### 1) - Required:

a) - All passengers flying to the Republic of Azerbaijan must have a printed **medical certificate** with a **negative coronavirus (COVID-19) PCR test** result issued at most 72 hours before arrival of flight to Azerbaijan. Vaccinated participants also must be tested.

For more details:

<https://www.azal.az/en/information/covid-general-rules>

<https://www.azal.az/en/information/covid-azerbaijan>

**Negative COVID-19 PCR test certificate** must contain (minimum requirements) – name, surname, number of passport, date of birth, PCR test type, date and time of taking the swab, date and time of the issue of the certificate, QR-code, stamp of clinic (laboratory), signature of responsible person.

Participants over 18-year-old should have the **COVID-19 Vaccination certificate** (an official certificate confirming the completion of the full course of vaccination), or the **COVID-19 Immune Certificate - the Certificate of Recovery**. **COVID-19 Immune Certificate (the Certificate of Recovery)** confirms that the owner has had COVID-19 infection and passed a PCR test in this regard with a positive result. The validity period of the **COVID-19 Immune Certificate** is 6 months. The date of positive PCR test result in the **COVID-19 Immune Certificate** must be older than 14 days, unless the appropriate clinic (the doctor) determines otherwise, but not older than six months.

**COVID-19 Vaccination certificate** must contain (minimum requirements) – name, surname, number of passport, date of birth, information on the type of vaccine, date of first vaccine dose and date of second vaccine dose (or just date of simple vaccine dose in case of 1-dose vaccine), QR-code, information on the institution that issued the certificate.

**COVID-19 Immune certificate** must contain (minimum requirements) – name, surname, number of passport, date of birth, PCR test type, date of last positive PCR test, QR-code, information on the institution that issued the certificate.

It is strictly recommended to have **Negative COVID-19 PCR test certificate, COVID-19 Vaccination certificate** and **COVID-19 Immune Certificate** in English. **Negative COVID-19 PCR test certificate, COVID-19 Vaccination certificate** and **COVID-19 Immune Certificate** must have electronic verification attributes – QR code.

c) - Participants aged from 1 to 18 years must have only **Negative COVID-19 PCR test certificate** issued at most 72 hours before arrival of flight to Baku.

**COVID-19 Vaccination certificate, COVID-19 Immune Certificate and Negative COVID-19 PCR test certificate** are not required for children under 1-year of age.

**d)** - Any person participating in the competition should not have any close sustained contact with anyone who is sick within 14-day before arrival to the event.

- Since the signs and symptoms of COVID-19 can be fairly nonspecific and not just respiratory symptoms, it is recommended that athletes should not be in close sustained contact with anyone who is sick for 14-day prior to the arrival to the event.

This requirement reduces the risk of introducing COVID-19 into the training group by someone who may have COVID-19 but isn't experiencing any symptoms yet.

**e)** – In total **foreign participants** must undergo the following required tests:

**PCR COVID-19 test** - in home country, 72 hours before arrival of flight to host country. It must be negative.

**Quick COVID-19 test (rapid nasopharyngeal Immune chromatographic antigen test)** will be done on the day of arrival to the hotel. (The test must be done before starting the group training). Vaccinated participants will also be tested. The participants will wait for Quick COVID-19 test result in the hotel. No accreditation will be issued without negative quick COVID-19 test result.

In case of positive quick test results upon arrival - actions according to **APPENDIX - PROTOCOL 1 - ACTIONS DURING QUICK TEST PROCEDURE - UPON ARRIVAL** (Protocols for action in case of positive tests are drawn up taking into account the spreading Delta strain (Indian strain), which is more contagious and of the high degree of transmissibility than previous strains).

**Delegations going back to the home country are tested according to the requirements of the host country:**

--- **Quick COVID-19 test (rapid nasopharyngeal Immune chromatographic antigen test or IgM / IgG antibodies blood test)** may be done before departure if the country to which the delegations are returning requires a quick test for coronavirus before leaving Baku. All athletes \ participants will be informed about their testing day.

In case of positive quick test results before departure - actions according to **APPENDIX - PROTOCOL 1 - ACTIONS DURING QUICK TEST PROCEDURE - UPON ARRIVAL** (Protocols for action in case of positive tests are drawn up taking into account the spreading Delta strain (Indian strain), which is more contagious and of the high degree of transmissibility than previous strains).

--- **PCR COVID-19 test** may be done before departure if the country to which the delegations are returning requires a PCR test for coronavirus before leaving Baku. All athletes \ participants will be informed about their testing day.

In case of positive PCR quick test results before departure - actions according to **APPENDIX - PROTOCOL 2 - ACTIONS DURING PCR TEST PROCEDURE - BEFORE DEPARTURE** (Protocols for

action in case of positive tests are drawn up taking into account the spreading Delta strain (Indian strain), which is more contagious and of the high degree of transmissibility than previous strains).

**f)** – Local participants (LOC, volunteers, security staff, media, drivers, subcontractors, doping control etc.) must undergo the following required test.

**Quick COVID-19 test** will be done on the day of arrival of local staff to the venue. (The test must be done before starting their participation in the event). Vaccinated participants will also be tested.

In case of positive quick test results upon arrival - actions according to **APPENDIX - PROTOCOL 3 - ACTIONS DURING QUICK TEST PROCEDURE FOR LOCAL STAFF - BEFORE COMPETITIONS** (Protocols for action in case of positive tests are drawn up taking into account the spreading Delta strain (Indian strain), which is more contagious and of the high degree of transmissibility than previous strains).

**g)** - Additional tests would need to be repeated if the individual subsequently:

--- has had close contact with someone with documented COVID-19 infection;

--- develops signs or symptoms of COVID- 19 infection;

**2) - Additional considerations when deciding who can attend/participate in the event:**

**a)** - COVID-19 prevalence and active transmission rates in the location from which an individual is traveling;

**b)** - How long they have been in the transit region;

**c)** - If they have had a prior case of documented COVID-19 from which they have recovered.

**1.7.** To use communication with **FIG** and other National Federations to encourage individuals at high risk for severe illness not to attend the event. Risk factors include:

1. Absence of a full course of vaccination;
2. > 65-year of age;
3. Expectant mothers;
4. Moderate to severe asthma;
5. Chronic lung disease;
6. Serious heart conditions;
7. Immunocompromised;
8. Severe obesity;
9. Diabetes;
10. Liver disease;
11. Oncological disease;
12. Living in a nursing home or long-term care facility.

## 2. Develop event medical plan with particular attention to COVID-19 factors.

This plan should include:

**2.1.** Establishing medical team structure.

**2.2.** Determining required number and type of medical personnel.

**2.3.** Clearly defining roles and responsibilities of medical team members.

**2.4.** Determining necessary medical supplies. Specific to COVID-19, to order the required **Personal Protective Equipment (PPE)** for anyone who will be in close contact with those with a possible infection (i.e.: volunteers, vendors, security personnel and medical personnel should wear gloves and face masks).

When evaluating someone with possible COVID-19, medical personnel should wear face masks, gowns, gloves and goggles / face shields.

**2.5.** Determining medical location(s),

- isolation room location(s),

- medical personnel locations outside the medical clinic (e.g., by the field of play, in the spectator locations, etc.)

- and ambulance location.

**2.6.** Identifying access/egress routes for medical personnel to key locations in the venue (e.g., from the field of play to the ambulance or medical clinic, from the medical clinic to the ambulance, etc.).

**2.7.** Creating lines of communication between medical team, local emergency medical services, event staff, athletes, coaches and spectators.

**2.8.** Developing infection prevention measures (see infection mitigation procedures section).

**2.9.** Identifying individuals with possible infection by:

-- **2.9.1.** - Screening everyone at the venue entrances for **signs and symptoms (including temperature check-s)** of COVID-19. If a body temperature is **37.5°C and above**, entry to the competition/training venue is **prohibited**.

--- **Denial of entry.** The LOC and the medical working team for COVID-19 can reject entrance to the competition/training venue to anyone who poses a risk of COVID-19 transmission.

**When declining entry to anyone, the LOC will pay attention to the human rights of the person and give a clear explanation based on facts.**

--- **2.9.2.** - Having designated event staff (e.g., security and medical personnel) observe athletes, coaches, event staff, media and spectators (if applicable) at the venue for **signs or symptoms of COVID-19 (including temperature checks)**.

--- **2.9.3.** - Each participant entering the MGA building and Subsidiary Training Hall (if applicable) will be visually checked for symptoms of COVID-19 and his/her body temperature will be measured at each entrance with a non-contact thermometer.

**If the body temperature of incoming person is 37.5°C or higher or he has some other symptoms of COVID-19** - actions according to **APPENDIX - PROTOCOL 4 - ACTIONS DURING HIGH BODY TEMPERATURE REGISTRATION AT THE VENIE ENTRANCE (37.5°C OR HIGHER) OR PRESENCE OF OTHER SYMPTOMS OF COVID-19 - DURING COMPETITION.** (Protocols for action in case of positive tests are drawn up taking into account the spreading Delta strain (Indian strain), which is more contagious and of the high degree of transmissibility than previous strains).

--- **2.9.4.** - Promoting self-monitoring for signs or symptoms of COVID- 19 through multi-modal communication before (e.g., e-mail, event website, social media, etc) and during (e.g., handouts, posters, announcements, texts, etc) the event.

--- **2.9.5.** - Those with signs or symptoms of COVID-19 during the event should immediately contact their team management, the event medical team to arrange the evaluation. If any of the participants of the competition feels unwell or any symptoms of illness while staying at the hotel, he must inform his coach, team doctor or Head of delegation about the fact. These persons must immediately report this information to the LOC medical service so that the necessary measures can be taken in time.

**If some participant feels any symptom of COVID-19 while staying at the hotel** - actions according to **APPENDIX - PROTOCOL 5 - ACTIONS IN CASE OF PARTICIPANTS' MEDICAL COMPLAINTS DURING STAYING at the HOTEL (ACCOMMODATION).** (Protocols for action in case of positive tests are drawn up taking into account the spreading Delta strain (Indian strain), which is more contagious and of the high degree of transmissibility than previous strains).

### 3. Infection mitigation procedures

Everyone (every participant of event) needs to assess and manage the risks of COVID-19, everyone should consider the risks to their team and colleagues. This means we need to think about the risks we face and do everything reasonably practicable to minimize them, recognizing we cannot completely eliminate the risk of COVID-19.

All participants, judges and officials shall take standard precautionary measures, such as frequent hand-washing, wearing masks or face coverings at all times and keeping a physical distance of at least 1.5 meters whenever possible. An exception is the situation in when a coach provides assistance (catch, lead, spotting) during an athlete's performance. This phase must be kept as short as possible and the assisting person is obliged to wear a mask.

Gymnasts and coaches shall avoid risky habits on the FOP. The unsafe practices related to virus transmission are:

- Spitting on the hands before performances;
- Shaking hands with or hugging others;
- No chalk (either powder or liquid) will be provided by the LOC. The delegations may bring only

liquid chalk, if they actually need it. No powder chalk will be allowed in the arena;  
 --- Any close physical interaction than absolutely necessary between gymnasts and coaches.

### **3.1. Education:**

1) - Ensure all event medical personnel have completed COVID-19 education;

2) - Prior to the event, provide multi-modal communications (e.g., e-mail, social media, website, race packet, etc.) regarding infection mitigation procedures (i.e.: hand washing, avoid touching face, 1,5m of social distancing, etc.);

3) - During the event, provide multi-modal communications (e.g., handouts, posters, overhead announcements, texts, event program, etc..) describing infection prevention measures (i.e.: hand washing, avoid touching face, 1,5m of social distancing, wearing PPE, etc.);

4) - People should be advised to stay away from the event if they feel ill. Persons who feel unwell (that is, have fever and cough) should stay at home and not attend the venue and avoid crowds until their symptoms resolve. This applies to participants as well as staff.

**3.2.** Screening of everyone who enters the venue for body temperature. Check the wearing of masks.

As per the current regulations in Azerbaijan, wearing mask is compulsory indoor. All participants must wear masks at all times during the competition inside the MGA building / facility, the New Training Hall / facility, your hotel. An exception are the periods of time when you eat, train directly on the carpet / apparatus in the Training hall or perform on the Field of play, as well as while in the hotel room (if you are with members of your delegation in the room). If other people are nearby, be sure to wear masks.

The mask should be a standard 3-layer surgical mask (to change every 2 hours of continuous wearing), FFP2 \ KN95 category mask without valves (to change every 6 hours of continuous wearing), or sewn from an appropriate cotton fabric (multiple layers of tightly woven, breathable fabric with nose wire, and mask should block light when held up to bright light source, this kind of mask is reusable after appropriate cleaning according to WHO instructions).

**3.3.** Use different entrances for GROUP 1, GROUP 2 and GROUP 3 if possible;

**3.4.** Develop a procedure that ensures social distancing at venue entrances, exits, training areas, changing rooms, spectating locations (e.g., every second seat, designated/marked standing locations for spectators with 1,5 metres between each standing location, etc.) and between GROUP 1 individuals (e.g., athletes enter stadium one by one, decreased number of competitors per heat, etc.);

Training and competition in general are to be organized in a way that allows for small groups of people that are not changed for the duration of the competition. If, for example, there are to be major changes within the field of participants after qualification, it is recommended that the training/competition groups be adjusted *once* to ensure that the competitions run smoothly. The

aim must be to ensure that in the event of infection, individual groups can be isolated without immediately affecting the entire field of participants.

Gymnasts do not need to wear a mask or face covering while they are performing at the training venue or on the FOP and keeping a physical distance of at least 1.5 meters whenever possible.

**3.5.** Create clear separation between different GROUPS of people at the venue if possible;

**3.6.** Monitor people at the venue for signs or symptoms of infection;

**3.7.** Provide hand sanitizer in multiple targeted locations throughout the venue (i.e., near areas/items frequently touched by multiple people such as doorways, drinking dispensers, etc.);

**3.8.** Provide facial tissue throughout the venue with adjacent trash receptacle; to create extra supplies of soap, hand sanitiser and paper towels and these should be securely stored;

**3.9.** Establish frequent cleaning schedule for high touch areas using disinfectant before, during, and after the event Frequently touched areas (e.g., door handles, light switches) should be cleaned multiple times daily. Work-out equipment should be cleaned with antiseptic cleansers prior to use, between use by different athletes/participants, and after use;

**3.10.** Clean equipment between each athlete use (if possible) or have athlete use their own equipment and prohibit sharing of equipment;

Additional specific measures to be taken on surfaces to be disinfected by wiping (and/or spraying) before a new training or competition group arrives per discipline (if possible) - see **“MEDICAL GUIDELINES FOR FIG COMPETITIONS AND EVENTS DURING THE COVID-19 PANDEMIC”**

Measures to be taken at least once a day (preferably after the last use of the equipment):

- Full disinfection of all surfaces that could have been touched by athletes and/or coaches.

**3.11.** Janitorial/facilities staff performing cleaning and laundering should wear appropriate **PPE** (e.g., gloves, face masks) to prevent contact with potentially contaminated surfaces/items, and protect from toxicity associated with cleaning products;

**3.12.** To minimize the number of people who touch food and hydration for athletes, and who have individual proper infection prevention measures (i.e., use hand sanitizer or wear gloves when touching the food or water bottle, etc.);

**3.13.** Have athletes only use their own towel and hygiene products (e.g., soap, deodorant, etc.);

**3.14.** To use screens or barriers to separate people from each other (reception desk, work tables, canteen, information desk, etc.).

A physical distance of at least 1.5 meters whenever possible between judges at the judges' table. When this is not possible, judges will be separated by a plexiglass or acrylic board.

**3.15.** To keep air ventilation system activity of venue buildings on effective level; periodically carry out disinfection procedure;

**3.16.** To constantly carry out sanitization of transferred items (remotes, keys, tools, etc.). If possible to cover these items with protective case or bags;

**3.17.** To consider any advice that has been produced specifically by government bodies;

**3.18.** To cooperate with hotel to ensure the necessary preventive measures and risk mitigation procedure are being implemented.

#### **4. Entering and exiting the competition/training venue**

It is vitally to maintain social distancing wherever possible, on arrival and departure and to ensure handwashing upon arrival. It is necessary to:

--- Arrange different arrival and departure times to avoid crowding into and out of the building. Crowding should be minimized where possible, and using distancing measures to reduce close contact among people during the gathering should be considered (for example, by increasing the frequency of transport, staggering arrivals, diverting departures and minimizing congregation at sanitary stations and food and water distribution areas).

--- Regularly disinfect the inside of vehicle cabs and between uses;

--- Fix transparent screen between driver and other passengers' seats;

--- Provide additional parking areas where possible;

--- Limit number of participants in venue vehicles (for example, leaving seats empty)

--- Provide more storage for participants for clothes and bags;

--- Implement one-way flow at entry and exit points;

--- Provide handwashing facilities, or hand sanitizers at entry/exit points;

--- Use remotely working information readers (for reading cards, passes, etc.);

--- Avoid public transport only use if there is no choice.

--- Decrease maximum occupancy for elevators, provide hand sanitizer for each of elevator, encourage use of stairs (if applicable).

--- Make sure that people with disabilities are able to access elevators;

--- Manage use of high traffic areas - corridors, lifts, turnstiles to maintain social distancing.

## 5. Meetings and ceremonies

- While attending any meetings, participants must follow risk-mitigation measures at all times. Participants must avoid physical contact, maintain physical distancing, wear masks or face coverings, and observe the rules on hand hygiene.
- Use remote working devices to avoid in-person meetings if possible;
- Only important participants should physically attend meetings under condition to maintain social distancing;
- Avoiding sharing pens, documents and other objects;
- Providing meeting rooms with disinfected stationery items and disinfect them after events
- Providing hand sanitizer in meeting rooms;
- Holding meetings in well-ventilated rooms;
- To use floor signage to help people maintain social distancing during meetings;
- To ensure that meeting rooms are disinfected after each meeting
- To consider virtual ceremonies, this can reduce physical contact.

## 6. Canteens (eating areas)

- The hotel must provide a dining room exclusively for the participants. Participants must avoid talking to each other while eating. If anyone does speak, even while eating, they should wear a mask or face covering.
- Dedicated eating areas for different GROUPS should be identified;
- Using safe zones for breaks;
- If required break times should be staggered to reduce congestion (2 meters rule);
- Create space and manage sitting 1 meters and tables 2 meters apart from each other whilst eating;
- Hand cleaning facilities or hand sanitizer should be available at the entrance of any room where people eat and should be used by workers when entering and leaving
- Keep equipment clean between use (kettles, microwaves etc.);

- Where catering is provided, it should be pre-prepared and wrapped food only;
- Drinking water should be provided with enhanced cleaning measures of the tap mechanism introduced;
- Tables should be cleaned between each use;
- All rubbish should be put straight in the bin and not left for someone else to clear up;
- All areas used for eating must be thoroughly cleaned at the end of each break and shift, including chairs, door handles, etc.

### **7. Enhanced cleaning of common areas.**

- Enhanced and regular cleaning across all areas of the event utilizing approved cleaning products includes all buildings touch points;
- Enhanced and regular cleaning of escalators;
- Taps and washing facilities
- Toilet flushes and seats, showers, lockers and changing rooms;
- Door handles and push plates, hand rails on staircases and corridors;
- Elevators and control panels, machinery and equipment controls;
- Food preparation and eating surfaces;
- Telephone equipment, key boards, photocopiers and other office equipment;
- Rubbish collection and storage points should be increased and emptied regularly throughout and at the end of each day.

### **8. Managing customers, visitors and contractors**

- To reduce the number of unnecessary visits to venue;
- Encouraging relation via remote connection;
- Limiting the number of visits for the same time;
- To determine time window for visits;

- To determine time window for essential services and contractor visits to reduce interaction and overlap between people;
- Encouraging visitors to use hand sanitizer or handwashing facilities as they enter the premises;
- To sanitize incoming persons and their bags in special disinfection tunnels before entering the buildings;
- To check body temperature of each incoming visitor.

### **9. Handling goods and onsite vehicles**

- To reduce transmission through contact with objects that comes into the venue and vehicles at the venue site;
- (If necessary) to set cleaning procedures for goods and delivers entering the venue;
- (If necessary) to set cleaning procedures for vehicles;
- To install more number of hand washing facilities for staff handling goods;
- To regularly clean venue vehicles;
- To restrict non-venue deliveries;
- To consider reducing of frequency of deliveries, for example by ordering larger quantities less often.

### **10. Doping control**

10.1 All doping control staff (SCA staff and chaperons) must undergo the **Quick COVID-19 test** on the day of their arrival to the venue. (The test must be done before starting their participation in the event). Vaccinated participants will also be tested.

10.2 Doping control will be implemented with strict protective measures for both gymnasts and sample-collection personnel according to the World Anti-Doping Agency's COVID-19 guidance for Anti-Doping Organizations.

### **11. Implementation of this policy**

AGF ensures that this policy is communicated to the FIG. All participants coming to competitions should be informed about the appropriate contents of this policy.

### **12. Monitoring and evaluation**

AGF indicates the importance of this policy. In this way AGF helps to educate staff, reduce the risks that arise and take measures against the spread of COVID-19 pandemic.

LOC members should report compliance with this policy, including cases of symptoms of any event participant and violations of procedures.

Nurlana Mammadzada \_\_\_\_\_  
Secretary General  
Azerbaijan Gymnastics Federation

## APPENDIXES - Medical COVID-19 Incident Response protocols

## PROTOCOL 1 - ACTIONS DURING QUICK TEST PROCEDURE - UPON ARRIVAL

<b>Obligatory test - Quick test at the hotel Medical room - UPON ARRIVAL</b>			
Test type - <b>quick test</b> - Immune chromatographic rapid analysis for viral antigens			
<b>Section A - Quick test is positive, no symptoms.</b> <b>Immediately inform Chief Medical Officer \ Chief Medical Officer assistant</b>		<b>Section B - Quick test is positive, there are symptoms</b> <b>Immediately inform Chief Medical Officer \ Chief Medical Officer assistant</b>	
<b>PCR test</b> (the participants will wait for result in the hotel rooms)		<b>PCR test</b> (the participants will wait for result in the hotel rooms)	
<b>1 - PCR test is negative</b>	<b>2 - PCR test is positive</b> <b>Immediately inform Chief Medical Officer \ Chief Medical Officer assistant</b>	<b>1 - PCR test is negative</b>	<b>2 - PCR test is positive</b> <b>Immediately inform Chief Medical Officer \ Chief Medical Officer assistant</b>
The participant is free to go to the competition venue to get his accreditation and participate in the competitions.	The responsible hotel manager\hotel contact person will be informed about the medical concern. Food delivery, laundry and waste service to the rooms will be organized.	The participant is free to go to the competition venue to get his accreditation and participate in the competitions.	The participant is directed to COVID-19 clinic. <b>HOD will be informed.</b>
	The participant is isolated in Hotel room for 14 days' quarantine. <b>HOD will be informed.</b>	The participant receives medical care from LOC.	Team \ out of team close contacts will be medically questioned and quick-tested next day before first training session. <b>HOD</b> will assign the time. If positive - actions according to <b>PROTOCOL 1.</b>
	Team \ out of team close contacts will be medically questioned and quick-tested next day before first training session. <b>HOD</b> will assign the time. If positive - actions according to <b>PROTOCOL 1.</b>		The daily contact of <b>LOC Medical service</b> with the isolated participant will be maintained.
	The daily contact of <b>LOC Medical service</b> with the isolated participant will be maintained.		
	If the isolated participant will reveal further symptoms and complains during quarantine he will be directed to the COVID-19 clinic.		

## PROTOCOL 2 - ACTIONS DURING PCR TEST PROCEDURE - BEFORE DEPARTURE

<b>Obligatory PCR test - BEFORE DEPARTURE</b>	
Test type - <b>PCR test</b> with a response delay of 6-8 hours (max)	
<b>Section A - PCR test is positive, no symptoms.</b> <b>Immediately inform Chief Medical Officer \ Chief Medical Officer assistant</b>	<b>Section B - PCR test is positive, there are symptoms.</b> <b>Immediately inform Chief Medical Officer \ Chief Medical Officer assistant</b>
The responsible hotel manager\hotel contact person will be informed about the medical concern. Food delivery, laundry and waste service to the rooms will be organized.	The participant will be directed to COVID-19 clinic. <b>HoD will be informed.</b>
The participant will be isolated in Hotel room for 14 days' quarantine. <b>HoD will be informed.</b>	Team \ close contacts will be medically questioned and tested at home next day (according to rules of the country of residence).
Team \ out of team close contacts will be medically questioned and tested at home next day (according to rules of the country of residence). Local close contacts will be quick tested – if positive – actions according to <b>PROTOCOL 3.</b>	Local close contacts will be quick tested – if positive – actions according to <b>PROTOCOL 3.</b>
The daily contact of <b>LOC Medical service</b> with the isolated participant will be maintained.	The daily contact of <b>LOC Medical service</b> with the isolated participant will be maintained.
If the isolated participant will reveal further symptoms and complains during quarantine he will be directed to the COVID-19 clinic.	

**PROTOCOL 3 - ACTIONS DURING QUICK TEST PROCEDURE FOR LOCAL STAFF - BEFORE COMPETITIONS**

<b>Obligatory quick test for local staff - BEFORE ENTERING THE VENUE</b>			
Test type - <b>quick test</b> - Immune chromatographic rapid analysis for viral antigens			
<b>Section A - Quick test is positive, no symptoms. Immediately inform Chief Medical Officer \ Chief Medical Officer assistant</b>		<b>Section B - Quick test is positive, there are symptoms. Immediately inform Chief Medical Officer \ Chief Medical Officer assistant</b>	
The local participant will be directed to his home with a dedicated car. <b>Head of department will be informed.</b>		The local participant will be directed to his home with a dedicated car. <b>Head of department will be informed.</b>	
At home, he must call an Ambulance and report about case of positive quick test - for PCR test. <b>He must inform LOC Medical service about result of PCR test</b>		At home, he must call an Ambulance and report about case of positive quick test and symptoms - for PCR test. <b>He must inform LOC Medical service about result of PCR test</b>	
<b>1 - PCR test is negative.</b>	<b>2 - PCR test is positive. Immediately inform Chief Medical Officer \ Chief Medical Officer assistant</b>	<b>1 - PCR test is negative.</b>	<b>2 - PCR test is positive. Immediately inform Chief Medical Officer \ Chief Medical Officer assistant</b>
The local participant can return to the venue by providing the <b>NEGATIVE COVID-19 PCR TEST RESULT CERTIFICATE</b> in advance to <b>Chief Medical Officer \ Chief Medical Officer assistant</b>	<b>LOC Medical service</b> finds his close contacts (lunch, conversation, specific training contacts, etc.) for medical questioning and quick-testing. If positive - actions according to <b>PROTOCOL 1</b> or <b>PROTOCOL 3</b>	The local participant will not be allowed to the venue and will continue his treatment at home	<b>LOC Medical service</b> finds his close contacts (lunch, conversation, specific training contacts, etc.) for medical questioning and quick-testing. If positive - actions according to <b>PROTOCOL 1</b> or <b>PROTOCOL 3</b>

**PROTOCOL 4 - ACTIONS DURING HIGH BODY TEMPERATURE REGISTRATION AT THE VENUE ENTRANCE (37.5°C OR HIGHER)  
OR PRESENCE OF OTHER SYMPTOMS OF COVID-19 - DURING COMPETITION**

<b>High body temperature registration at the venue entrance (37.5°C or higher) or presence of other symptoms of COVID-19 (during competition)</b>			
<b>Section A - Athlete \ Participant</b>		<b>Section B - Local staff</b>	
The participant will be directed to the <b>First-aid room 2</b> . He will wait for 15 minutes to restore the <b>body thermal balance</b> . He will be checked and questioned for any symptoms.		The local participant will be directed to the <b>First-aid room 1</b> . He will wait for 15 minutes to restore the <b>body thermal balance</b> . He will be checked and questioned for any symptoms.	
Then next temperature measurement – <b>noncontact</b> .		Then next temperature measurement – <b>noncontact</b> .	
If the temperature is 37.5°C or higher again - next measurement with a <b>sterile contact thermometer</b> .		If the temperature is 37.5°C or higher again - next measurement with a <b>sterile contact thermometer</b> .	
If the temperature is 37.5°C or higher again - the participant will be sent to the <b>Venue Isolation Room</b> .		In the <b>First-aid room 1</b> - If the temperature is 37.5°C or higher again - <b>quick test - Immune chromatographic rapid analysis for viral antigens</b> .	
In the <b>Venue Isolation Room</b> - <b>quick test - Immune chromatographic rapid analysis for viral antigens</b> .			
<b>1 - Quick test is negative</b>	<b>2 - Quick test is positive. Immediately inform Chief Medical Officer \ Chief Medical Officer assistant</b>		<b>1 - Quick test is negative</b>
The participant will continue to participate in the competitions and receive medical care from <b>LOC</b> .	<b>Next test - PCR test</b> (the participant is waiting for result in the <b>Venue Isolation Room</b> at the competition/training venue).		<b>2 - Quick test is positive. Immediately inform Chief Medical Officer \ Chief Medical Officer assistant</b>
	<b>2.1 - PCR test is negative</b>	<b>2.2 - PCR test is positive. Immediately inform Chief Medical Officer \ Chief Medical Officer assistant</b>	The local participant will be directed home in a dedicated car. <b>Head of department will be informed.</b> At home, he must call an <b>Ambulance</b> and report about case of positive quick test and high temperature - for <b>PCR test</b> . <b>He must inform LOC about result of PCR test.</b>
	The participant will continue to participate in the competitions and receive medical care from <b>LOC</b> .	The participant will be directed to <b>COVID-19 clinic. HoD will be informed.</b> The daily contact of <b>LOC Medical service</b> with the isolated participant will be maintained.	
		<b>LOC Medical service</b> will find his close contacts ( <b>team and out of the team</b> , plane, hotel room, lunch, conversation, group training contacts, etc.) for medical questioning and PCR testing. <b>LOC Medical service</b> will organize medical questioning and PCR testing for close contacts (for <b>team</b> contacts and for contacts <b>out of the team</b> ) in the <b>First-aid room 2</b> during shortest time.	<b>2.1 - PCR test is negative.</b>
	<b>2.2.1 - PCR test is negative</b>	<b>2.2.2 - PCR test is positive. Immediately inform Chief Medical Officer \ Chief Medical Officer assistant</b>	The local participant will not be allowed to the venue and will continue his treatment at home.
	The participant will continue to participate in the competitions	The participant with <b>positive PCR test and symptoms</b> will be directed to the <b>COVID-19 clinic</b> . The participant with <b>positive PCR test and no symptoms</b> will be directed to <b>their hotel for 14 days' quarantine. HoD will be informed.</b> <b>LOC Medical service</b> will specify their close contacts ( <b>another part of the team and out of the team</b> ) - plane, hotel room, lunch, conversation, group training contacts, etc. for medical questioning and quick testing. If positive - actions according to <b>PROTOCOL 1</b> or <b>PROTOCOL 3</b>	The local participant will not be allowed to the venue and will continue his treatment at home.
			<b>LOC Medical service</b> finds his close contacts (lunch, conversation, specific training contacts, etc.) for medical questioning and quick testing. If positive - actions according to <b>PROTOCOL 1</b> or <b>PROTOCOL 3</b> .

**PROTOCOL 5 - ACTIONS IN CASE OF PARTICIPANTS' MEDICAL COMPLAINTS DURING STAYING AT THE HOTEL (ACCOMMODATION)**

<b>High body temperature (37.5°C or higher) or presence of other symptoms of COVID-19 registered during staying at the hotel</b>		
<b>Athlete \ Participant</b>		
Information is received by <b>LOC Medical service</b> .		
The reporting person will be questioned for other symptoms. Detailed information about symptoms and persons involved (close contacts) will be collected.		
Team members who have medical complaints or who have been in close contact with them will be strongly advised not to leave the hotel room.		
In case of necessity (depending on symptoms) <b>non-COVID-19 contractor clinic</b> will be informed and medical team with Ambulance will be directed to the hotel.		
The responsible hotel manager\hotel contact person will be informed about the medical concern. If necessary, food delivery to the rooms will be organized until the results of possible tests are received.		
<b>COVID-19 contractor laboratory</b> will be informed and laboratory test team will be directed to the hotel.		
LOC Chief Medical Officer \ his assistant \ Head doctor of AGF will arrive to the place.		
<b>Everyone from involved persons with one or more symptoms and their close team contacts (not whole team) will undergo quick test (in hotel Medical room) - Immune chromatographic rapid analysis for viral antigens.</b>		
<b>Section A - All results of quick tests are negative</b>	<b>Section B - One or more of results of quick tests is\are positive. Immediately inform Chief Medical Officer \ Chief Medical Officer assistant</b>	
The participants <b>will continue to stay</b> in the hotel and take part in competitions according to routine competition schedule.	<b>If one or more persons have positive quick test results they and their close contacts will undergo PCR tests.</b> The team members are waiting for result of <b>PCR tests</b> in their hotel rooms (if it is happening in the evening and there is enough time to get results PCR tests from the laboratory – 5-6 hours). If there is no enough time due to competition start the persons with positive quick test will wait in their hotel rooms. Another part of the team will depart to venue to compete (they will be informed in the Arena).	
The necessary medical assistance and medicines will be <b>offered</b> to the <b>Head of Delegation</b> (if the team doesn't have a doctor or medicines).	<b>1 - PCR tests are negative</b>	<b>2 - One or more PCR tests is\are positive. Immediately inform Chief Medical Officer \ Chief Medical Officer assistant. If all PCR tests are positive – whole team will be PCR tested.</b>
The necessary medical assistance and medicines will be <b>delivered</b> to the hotel for the team.	The participants <b>will continue to stay</b> in the hotel and take part in competitions according to routine competition schedule.	The infected participant \ participants (with positive PCR test result and <b>with symptoms</b> ) will be directed to <b>COVID-19 clinic. HoD will be informed.</b>
<b>Involved persons and their close contacts</b> will undergo medical questioning, body temperature checks with sterile contact thermometers in the Arena ( <b>First-aid room 2</b> ) in the morning and in the evening <b>during 2 nearest days</b> (according to competition schedule) – <b>HOD</b> will assign the time.	The necessary medical assistance and medicines will be <b>offered</b> to the <b>Head of Delegation</b> (if the team doesn't have a doctor or medicines).	The infected participant \ participants (with positive PCR test result and <b>without symptoms</b> ) <b>will be quarantined in their hotel rooms for 14 days. HoD will be informed.</b>
	The necessary medical assistance and medicines will be <b>delivered</b> to the hotel for the team.	The responsible hotel manager\hotel contact person will be informed about the medical concern. Food delivery, laundry and waste service to the rooms will be organized.
<b>In case of</b> medical complaints (COVID-19 symptoms or similar) or high body temperature – actions according to <b>PROTOCOL 4</b> or <b>PROTOCOL 5</b> .	<b>Involved persons and their close contacts</b> will undergo medical questioning, body temperature checks with sterile contact thermometers in the Arena ( <b>First-aid room 2</b> ) in the morning and in the evening <b>during 2 nearest days</b> (according to competition schedule) – <b>HOD</b> will assign the time.	The daily contact of LOC Medical service with the isolated participants will be maintained.
	<b>In case of</b> medical complaints (COVID-19 symptoms or similar) or high body temperature – actions according to <b>PROTOCOL 4</b> or <b>PROTOCOL 5</b> .	<b>LOC Medical service</b> will specify their close contacts ( <b>another part of the team and out of the team</b> ) - plane, hotel room, lunch, conversation, group training contacts, etc. for medical questioning and quick testing.
		<b>LOC Medical service</b> will organize <b>quick testing and medical questioning</b> for specified close contacts ( <b>another part of the team and out of the team</b> ) in shortest time. If positive - actions according to <b>PROTOCOL 1</b> or <b>PROTOCOL 3</b> .
	<b>Involved persons and their close contacts</b> will undergo medical questioning, body temperature checks with sterile contact thermometers in the Arena ( <b>First-aid room 2</b> ) in the morning and in the evening <b>during 2 nearest days</b> (according to competition schedule) – <b>HOD</b> will assign the time.	
		<b>In case of</b> medical complaints (COVID-19 symptoms or similar) or high body temperature – actions according to <b>PROTOCOL 4</b> or <b>PROTOCOL 5</b> .

		Participants with negative PCR test result will continue to stay in the hotel and take part in competitions according to routine competition schedule.
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