

FIG RHYTHMIC GYMNASTICS WORLD CUP AGF TROPHY



WORK PLAN

BAKU, AZERBAIJAN
April 21-23, 2023

Dear Friends!

Azerbaijan Gymnastics Federation is looking forward to welcome you at Milli Gimnastika Arenası for the FIG Rhythmic Gymnastics World Cup for 7th time - April 21-23, 2023.

LOC is confident that this Work Plan will facilitate to the smooth running of the competitions, with your kind cooperation.

*With best regards,
LOC*

**GENERAL
INFORMATION**

Sylvie Martinet
FIG Sports Events Manager
Phone: +41 21 321 55 15
E-mail: smartinet@fig-gymnastics.org

Maria Petrova
Vice-president of the FIG Technical Committee
E-mail: m.likeme0011@gmail.com

Nurlana Mammadzada
LOC, Executive Director
Mob.: +99450 385 3969
E-mail: office@agf.az

Natalya Bulanova
LOC, Competitions' Director
Tel.: +99412 598 4082
E-mail: td@agf.az

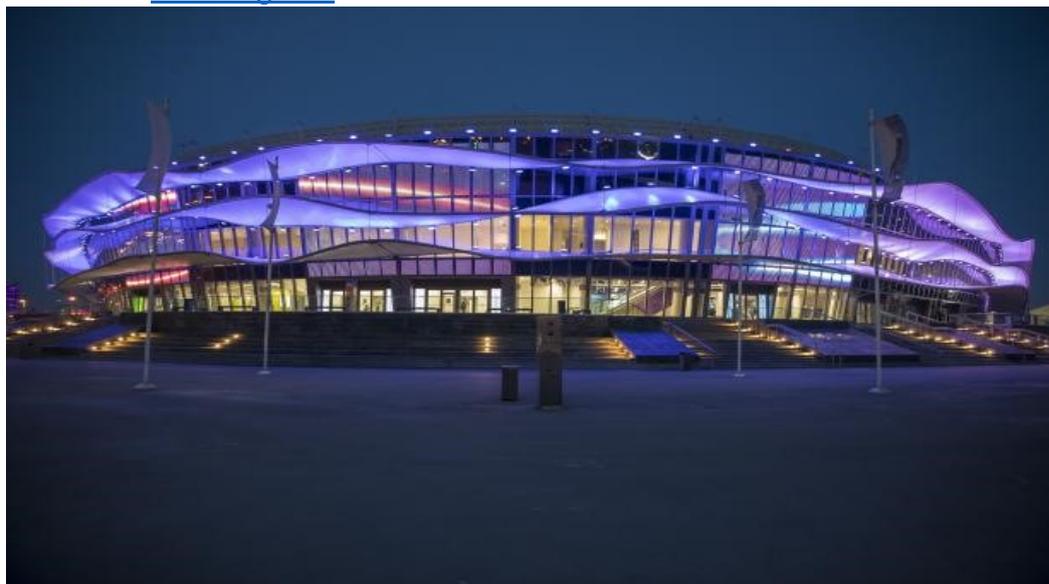
Khagani Farajov
LOC, Delegation Services` Manager
Mob.: +99455 9188040

Fuad Abbasov
LOC, Head of Accreditation
Tel: +99450 660 00 26
E-mail: report@agf.az

Namig Badirkhanov
LOC, Medical Manager
Mob.: +99450 373 4565
E-mail: security@agf.az

**COMPETITION
VENUE**

MGA – Milli Gimnastika Arenası (National Gymnastics Arena)
178 Heydar Aliyev Avenue
AZ1029, Baku, Azerbaijan
Tel: +99412 566 9699
Fax: +99412 566 9694
Website: www.mga.az



The MGA was officially opened in April 2014. This gymnastics specialized Arena has already hosted many different international sport events. The Arena has the ability to stretch from 5,000 to 9,600 seats, depending on the size and the nature of the event it hosts. This sports facility has become a favourite training camp venue of many gymnasts all over the world.

Training and Warm-up facilities will be located within the MGA.

Provisional Schedule

DATE-TIME	DESCRIPTION	LOCATION
WED. 19 April		
<i>As announced</i>	<i>Official arrival day of Delegations for RGI and RGG competitions</i>	
THU. 20 Apr.		
08:00 – 20:15	Training and Podium training for RGI and RGG	Warm-up & Training Hall, FoP, -2
16:00 – 18:00	Judges' Instruction for RGI and RGG Judges	Judges' Room, -2
18:00 – 18:30	Scoring instruction	FoP
19:00 – 20:00	Orientation Meeting & Welcome Reception for RGI and RGG Competitions	Lounge – Artistic. 1

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<p>FRI. 21 Apr. 08:00-20:00 09:00-10:00</p> <p>10:00-10:15 10:15-12:03 12:13-14:07 14:07-15:00 15:00-16:54 16:54-17:40</p> <p>17:40-18:20 18:30-19:10</p>	<p>Training for RGI and RGG Judges' draw (all positions) and briefing for RGI Qualifications Hoop and-Ball</p> <p>Opening Ceremony</p> <p>RGI Qualifications Hoop and Ball / Group A</p> <p>RGI Qualifications Hoop and Ball / Group B</p> <p>Break</p> <p>RGI Qualifications Hoop and Ball / Group C</p> <p>Judges' draw (all positions) and briefing for RGG All-Around competition (Qualifications) 5 Hoops</p> <p>RGG Qualifications 5 Hoops / Group A</p> <p>RGG Qualifications 5 Hoops / Group B</p>	<p>Warm-up & Training Hall, FoP, -2 Judges' Room, -2</p> <p>FoP, -2 FoP, -2 FoP, -2</p> <p>FoP, -2</p> <p>Judges' Room, -2 FoP, -2 FoP, -2</p>
<p>SAT. 22 Apr. 08:00 – 20:00 09:00 – 10:00</p> <p>10:00 – 11:54 12:04 – 13:58 13:58 – 15:00 15:00 – 16:48 16:48 – 17:30</p> <p>17:30 – 18:10 18:20 – 19:00 19:05 – 19:15</p>	<p>Training for RGI and RGG Judges' draw (all positions) and briefing for RGI Qualifications Clubs and Ribbon</p> <p>RGI Qualifications Clubs and Ribbon / Group B</p> <p>RGI Qualifications Clubs and Ribbon / Group C</p> <p>Break</p> <p>RGI Qualifications Clubs and Ribbon / Group A</p> <p>Judges' draw (all positions) and briefing for RGG All-Around competition (Qualifications) 3 Ribbons + 2 Balls</p> <p>RGG Qualifications 3 Ribbons + 2 Balls / Group B</p> <p>RGG Qualifications 3 Ribbons + 2 Balls / Group A</p> <p>Award Ceremony for All-Around RGI and RGG</p>	<p>Warm-up & Training Hall, FoP, -2 Judges' Room, -2</p> <p>FoP, -2 FoP, -2</p> <p>FoP, -2 Judges' Room, -2 FoP, -2 FoP, -2 FoP, -2</p>
<p>SUN. 23 Apr. 08:30 – 16:35 10:30 – 11:50 11:55 – 12:00 12:00 – 12:32 12:37 – 12:42 12:42 – 13:14 13:17 – 13:25 13:25 – 14:05 14:10 – 14:25</p> <p>14:33 – 14:38 14:38 – 15:10 15:15 – 15:20 15:20 – 15:52 15:55 – 16:02 16:02 – 16:42 16:47 – 17:05 17:30 – 19:00 20:30 – 23:30</p>	<p>Training for RGI and RGG Judges' draw (all positions) and briefing for RGI and RGG</p> <p>Presentation of Hoop Finalists</p> <p>RGI Hoop Final</p> <p>Presentation of Ball Finalists</p> <p>RGI Ball Final</p> <p>Presentation of 5 Hoops Finalists</p> <p>RGG 5 Hoops Final</p> <p>Award Ceremonies RGI Hoop & Ball and RGG 5 Hoops + AGF Trophy</p> <p>Presentation of Clubs Finalists</p> <p>RGI Clubs Final</p> <p>Presentation of Ribbon Finalists</p> <p>RGI Ribbon Final</p> <p>Presentation of 3 Ribbons + 2 Balls</p> <p>RGG 3 Ribbons + 2 Balls</p> <p>Award Ceremony RGI Clubs & Ribbon, RGG 3+2 + AGF Trophy</p> <p>Sightseeing Tour</p> <p>Farewell Banquet</p>	<p>Warm-up & Training Hall, FoP, -2 Judges' Room, -2</p> <p>FoP, -2 FoP, -2</p>
<p>MON. 24 April</p>	<p>Official departure day of Delegations</p>	

<p>ARRIVAL INFORMATION</p>	<p>Official delegations` members will be met at Heydar Aliyev International Airport (GYD), bus or railway station upon arrival in Baku and transferred to the event's official hotels provided that they reserved their accommodation through the LOC. The delegations will be informed of the time fixed for their accreditation upon arrival.</p>
<p>ACCREDITATION</p>	<p>Accreditation Center is located within the competition venue - Milli Gimnastika Arenasi (MGA, National Gymnastics Arena, - 2). There is no need for all delegation members to be present at the accreditation center. One/two responsible persons from the delegation possessing all the necessary information is enough to get accreditation for all its members.</p> <p>The following items will be checked/submitted by a responsible person:</p> <ul style="list-style-type: none"> • The passport of gymnasts and judges including all members of the delegations • License • Transport – Departure details • Settlement of all outstanding payments • The medical insurance for the members of the delegations • 2 sets of Audio CD's of the music and a form with the duration and the author of the music has to be filled in; official titles/Interpreters have to be indicated. • confirm the accuracy of the Music, uploaded on the LOC digital platform • National anthem and national flag • Possible submission of other forms • Submission of e-mail address of one responsible person
<p>INFORMATION DISTRIBUTION</p>	<p>No hard copies of any documents (start list, results & other relevant documents) will be available for distribution.</p> <p>All the necessary information will be communicated via email and WhatsApp group (email addresses and mobile phone numbers of HoD/responsible person will be collected for this purpose). Information desks and boards, including transport, will also be set up at each official hotels' lobby.</p> <p>All STARTING ORDERS, intermediate RESULTS and FINAL RESULTS' BOOK will be sent ONLY via email to the National Federations' official email and Head of Delegations' (or his/her representative) email. Delegations will be requested to inform the LOC about the correct email address upon arrival.</p> <p>Moreover, by scanning QR Code placed on the Accreditation card, you will be able to find all necessary competition information.</p>
<p>TRANSPORT</p>	<p>Buses schedule from the official hotels to the Competition Venue & back will be provided to the delegations who reserved their accommodation through the LOC at the accreditation center / LOC Room.</p>
	<p>Baku Marriott Boulevard Hotel 5* Address: Khagani Rustamov street 4C, AZ1010, Baku Baku, Azerbaijan</p>

HOTELS

Tel.: +99412 310 00 10

Fax.: +99412 310 00 11

Website: www.boulevardhotelbaku.com

The Hotel is located close to the city center.

Distances

Airport: 24.9 km – approx. (23 min. drive)

Training/competition venue: 8,3 km – approx. (12 min. drive)

Courtyard Baku by Marriott 4*

Address: 300-303 quarter, intersection of M. Fuzuli and A. Topchubashov streets, Nasimi district, Baku, AZ1009

Tel.: +994 12 310 40 40

Website: <https://www.marriott.com/hotels/travel/gydcy-courtyard-baku/>

The Hotel is located close to the city center.

Distances

Airport: 30 km – approx. 35 min (by car)

Training/competition venue: 12 km – approx. 23 min. (by car)

Sport Plaza Hotel & Apartments 3* (low cost)

115 Heydar Aliyev Avenue, Building 187 C, Baku AZ1029

Tel: +99412 565 05 55

Website: www.sportplaza.org

This sport hotel located within the area of the Athletes` Village used during the Baku 2015 First European Games, offers rooms like at the Olympic Village standard with single and twin occupancy with separate and shared bathroom. It is just opposite the MGA.

Distances

Airport – 17,5 km (18 min. drive)

Training/competition venue – 4,7 km (6 min. drive)

Note:

Breakfast is included into the accommodation reservation. Wi-Fi is available at the above-mentioned hotels.

MEALS

The delegations, who reserved meals for its members, will get meal coupons at the Accreditation Centre.

Meal schedule for the delegations booked meals at hotels/MGA (breakfast is included into the accommodation reservation) is as follows:

Location	Breakfast	Lunch	Dinner
Baku Marriott Boulevard Hotel	06:00-10:00	13:00-16:00	19:00-22:00
Courtyard Baku by Marriott	06:00-10:00	13:00-16:00	19:00-22:00

	Sport Plaza Hotel & Apartments	06:00-10:00	13:00-16:00	19:00-22:00
	MGA	N/A	13:00-16:00	N/A
	<p>Those delegations ordered lunches at the official hotel, but having training and competitions at that time, may request the LOC to have their lunches prepared in the “lunch boxes” no later than 24 hours before the day concerned. This concerns only to the lunches reserved at the official hotels.</p>			
VIP LOUNGES & ATHLETES LOUNGES	<p>VIP Lounge and Athletes` Lounge are located on Level 1. The participants can spend their free time from trainings and competitions at the Athletes` Lounge where they can enjoy themselves with some table games, Wi-Fi access & soft drinks.</p> <p>The delegation` seats are located on the Level 0.</p>			
ORIENTATION MEETING	<p>The Orientation Meeting & Welcome Reception will be held at MGA (Level 1, Lounge – Artistic) at 19:00 on April 20, 2023.</p> <p>Please note that attendance is compulsory for every delegation with maximum 2 representatives, one being the Head of Delegation (or his/her representative).</p> <p>The participants will be able to ask their questions at the end of the meetings as usual.</p>			
FORMS	<p>A responsible person from each delegation must submit the following forms to the Local Organizing Committee’s Office/LOC representatives by the below mentioned deadlines:</p> <ul style="list-style-type: none"> • Music Form – at the Accreditation • Change to the list of Gymnasts’ names - if necessary, the form should be submitted to the Accreditation Centre for FIG Technical Delegate evaluation • Change to the list of Officials’ names - if necessary, the form should be submitted to the Accreditation Centre for FIG Technical Delegate evaluation 			
JUDGES’ MEETING & SCORING SYSTEM INSTRUCTIONS	<p>Judges` instructions for RGI and RGG judges will be held at 16:00-18:00 on April 20.</p> <p>All judges (RGI and RGG) are requested to attend in the <u>whole</u> meeting.</p> <p>All judges are required to take part in the judges’ meetings, technical scoring system instructions in accordance with the schedule and location indicated in the present Work Plan.</p> <p>The drawing of lots of the Judges’ Panels for the Qualification and Finals will</p>			

	<p>be conducted by the FIG Technical Delegate.</p> <p>The LOC will provide the judges on duty on competition days with free lunch.</p>
APPARATUS SUPPLIER	<p>Manufacturer: SPIETH Gymnastics Competition floor title: Beijing Colour: Beige FIG certified Reference number: FIG 547</p> <p>Information about replacement apparatus is available on the FIG website. The changes of the Apparatus Norms for the Hand Apparatus valid for Apparatus Manufacturers and Gymnasts enter into force from 01 January 2019.</p> <p>The list of the RG Hand Apparatus with valid certificates is published on the FIG website and updated regularly. Make sure that your gymnasts use only FIG certified Hand Apparatus for this event, as they will not be allowed to compete with an Apparatus which does not comply with the norms.</p>
APPARATUS CONTROL	<p>Random checks will be carried out throughout the event and may occur at any time, but Gymnasts having a doubt regarding the validity of their hand apparatus may ask for a preliminary check.</p>
SCORING	<p>Scoring will be carried out by local SmartScoring brand. Video Control system will be provided.</p> <p>Competition results will be sent to the e-mail addresses of a responsible person of each delegation provided at the Accreditation & WhatsApp Group (mobile phone numbers of HoD will be collected for this purpose).</p>
TRAINING	<p>The training sessions will take place at the training & warm-up hall adjacent to the Field of Play. During the trainings at the training halls athletes will have to use their personal 3rd copy of CDs.</p>
COMPETITION FORMAT	<p>Individuals</p> <p>All-Around which serve as qualification for the Apparatus Finals:</p> <ul style="list-style-type: none"> • All Individual gymnasts have to participate in the All-Around qualification <p>Apparatus Finals:</p> <ul style="list-style-type: none"> • The top eight (8) gymnasts per apparatus from the All-Around qualifying Competition participate in the Finals <p>Group competitions:</p> <p>All-Around which serve as qualification for the Routine Finals:</p> <ul style="list-style-type: none"> • All Groups have to participate in the Qualifications <p>Final Group Routines:</p> <ul style="list-style-type: none"> • The top eight (8) groups of each Group Routines will qualify
AGF TROPHY	<p>There will be held awarding of the AGF Trophy Cup to one individual</p>

	<p>gymnast and one group which have the highest execution result at the Qualification/All-Around during the event.</p>
<p>CEREMONIES</p>	<p>Opening Ceremony</p> <p>The Opening Ceremony will take place at MGA, at 10:00 on April 21, 2023. The participants are not required to take part in the Ceremony.</p> <p>Award Ceremonies</p> <p>The award ceremonies will be held as per the detailed competition schedule and carried out in accordance with the FIG Regulations for Award Ceremonies. Please ensure that your Federation's medalists are in time for the line-up prior to the ceremonies.</p> <p>The competitors requested to attend the award ceremonies will be as follows: Gymnasts / Groups ranked 1st to 3rd in the All-Around and on each apparatus / routine.</p> <p>Gymnasts will be required to wear the National track suit. In case of infractions, the respective Federation will receive only 50% of the prize money (as per Technical Regulations, section 1, Art. 9.3.3).</p> <p>The national flags of the countries represented by the best 3 gymnasts / groups will be hoisted and the national anthem of the country taken the 1st place (in individual program / group exercises) will be played. AGF Trophy will be presented by the LOC to the gymnast & group who received the highest execution score during the Qualifications/All-Around.</p>
<p>PRIZE MONEY</p>	<p>After the competitions the Local Organizing Committee will transfer the Prize Money to the bank account of the countries concerned in accordance with Article 11 of the Rules for the FIG Rhythmic Gymnastics World Cup series.</p>
<p>MEDICAL SERVICES & DOPING CONTROLS</p>	<p>The LOC will provide first aid medical services. Physiotherapists will be present during the competitions.</p> <p>Anti-doping controls will be organised by the International Testing Agency (ITA) on behalf of the FIG and according to the WADA Code, Standards and FIG Anti-Doping Rules.</p> <p>Appropriate medical premises will be provided to carry out a minimum required number of doping controls by AMADA (National Anti-Doping Agency).</p>
<p>COVID-19 MEASURES</p>	<p>This World Cup will be organized according to the FIG Medical Guidelines for FIG Competitions and Events during the COVID-19 pandemic and additional measures agreed between the FIG and LOC.</p> <p>During the stay in Baku:</p> <ul style="list-style-type: none"> • In case of symptoms and positive COVID-19 PCR test results, the relevant protocols will be followed (see Appendix 2). • On the way back home after the competitions, the participants will leave Azerbaijan according to the COVID-19 rules and requirements of the country where they travel. It is the responsibility of the participating Federations to inform the LOC via e-mail if they need to undergo COVID-19 PCR test when they travel back home (if they

have not done it yet). In case COVID-19 quick (antigen) test is required in the way back home instead of PCR, it should be communicated to the LOC via email immediately. The LOC will arrange the COVID-19 quick tests and COVID-19 PCR tests before their departure according to the delegations' request. The delegations concerned will be informed about their testing day. Quick testing (25 EUR) or PCR (55 EUR) testing procedure will be executed at delegation's hotels or venue (depending of the competition schedule or time of departure). The costs for these tests shall be covered by the participating Federations.

- Additional tests will be repeated if the individual subsequently has had a contact with someone with documented COVID-19 infection or develops signs or symptoms of COVID-19 infection. The costs of any additional tests will be covered by the participating delegations. The number of additional tests could be changed depending on current situation on site and on the basis of decisions of LOC / FIG Officials on charge.
- Participants having signs or symptoms of COVID-19 during the event especially when they are at the hotel, should immediately contact the Head of Delegation and event medical team to arrange the evaluation. Please see Appendix 2 (AGF Medical COVID-19 Incident Response Protocols) for detailed procedures.
- The costs for tests and all the subsequent payments connected with the COVID-19 disease and measures can be made by the participating Federations in cash or via bank transfer.
- Due to the preventive measures connected with COVID-19, the passengers shall come to the airport 4 hours prior to the departure. The LOC will inform the participants about the time leaving the official hotel accordingly.

Host Broadcaster is AzTV Idman (Sports Channel of Azerbaijan Television and Radio Broadcasting Closed Joint-Stock Company).

Local media representatives covering the events will be accredited according to the FIG Media Rules.

Athletes who have been requested for an interview by the accredited media will be accompanied to an interview room, where the interviews will be held remotely online.

While there is no obligation for a gymnast to agree to the interview requests, cooperation with the press is most appreciated.

Social media

<https://www.facebook.com/azegymnastics>

<https://www.youtube.com/c/AzerbaijanGymnasticsFederation/featured>

<https://twitter.com/azegymnastics>

<https://www.instagram.com/azegymnastics/>

<https://www.tiktok.com/@azerbaijanguymnastics?lang=ru-RU>

**TV & MEDIA
COVERAGE**

	https://t.me/azegymnastics
OTHER INFORMATION	<p>Currency The currency in Baku is Azerbaijani Manat (AZN). For more information, please, visit: http://www.cbar.az/</p> <p>Power Supply Voltage 220-240V</p> <p>Temperature Average minimum: 15 °C Average maximum: 19° C</p> <p>GMT +4</p>
Appendices	<p>Appendix 1 – Layouts Appendix 2 – AGF Medical COVID-19 Incident Response Protocols Appendix 3 – Detailed training and competition schedules</p>

With Best Wishes,




Nurlana Mammadzada
LOC Executive Director