



**European
Gymnastics**

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**39TH EUROPEAN RHYTHMIC GYMNASTICS CHAMPIONSHIPS
SENIOR INDIVIDUALS & GROUPS AND JUNIOR GROUPS
BAKU (AZE)
17 – 21 MAY 2023**



Work Plan

Update 11.05.2023

**Senior event ID – 17269
Junior event ID – 17284**

European Gymnastics
OC of the European Championships 2023, Baku (AZE)

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1. OFFICIALS AND ORGANISING COMMITTEE

This Work plan has been drawn up in accordance with the European Gymnastics and FIG regulations and is based upon the definitive registrations received by the office of European Gymnastics by **February 20th, 2023**.

More information can also be found in the *Directives* of the 2023 RG European Championships.

1.1. COVID-19 measures

According to the new decision of the Cabinet of Ministers of the Republic of Azerbaijan, the vaccination and immune certificates are not required for entering Azerbaijan anymore starting from March 27.

- In case of symptoms and positive COVID-19 PCR test results, the relevant protocols will be followed (see Appendix 2).
- On the way back home after the competitions, the participants will leave Azerbaijan according to the COVID-19 rules and requirements of the country where they travel. It is the responsibility of the participating Federations to inform the LOC via e-mail if they need to undergo COVID-19 PCR test when they travel back home (if they have not done it yet). In case COVID-19 quick (antigen) test is required in the way back home instead of PCR, it should be communicated to the LOC via email immediately. The LOC will arrange the COVID-19 quick tests and COVID-19 PCR tests before their departure according to the delegations' request. The delegations concerned will be informed about their testing day. Quick testing (25 EUR) or PCR (55 EUR) testing procedure will be executed at delegation's hotels or venue (depending of the competition schedule or time of departure). The costs for these tests shall be covered by the participating Federations.
- Additional tests will be repeated if the individual subsequently has had a contact with someone with documented COVID-19 infection or develops signs or symptoms of COVID-19 infection. The costs of any additional tests will be covered by the participating delegations. The number of additional tests could be changed depending on current situation on site and on the basis of decisions of LOC / European Gymnastics Officials on charge.
- Participants having signs or symptoms of COVID-19 during the event especially when they are at the hotel, should immediately contact the Head of Delegation and event medical team to arrange the evaluation. Please see Appendix 2 (AGF Medical COVID-19 Incident Response Protocols) for detailed procedures.
- The costs for tests and all the subsequent payments connected with the COVID-19 disease and measures can be made by the participating Federations in cash or via bank transfer.
- Due to the preventive measures connected with COVID-19, the passengers shall come to the airport 4 hours prior to the departure. The LOC will inform the participants about the time leaving the official hotel accordingly.

1.2 Responsibilities

The financial responsibility for all bookings (travel, accommodation, meals, the cost of eventual quarantine and/or positive Covid19 cases) remains with the NF.

1.3 European Gymnastics and Official Delegates

European Gymnastics

Avenue de la Gare 12

CH - 1003 Lausanne

Contact person : Ms. Michaël Alger

Tel: +41 (0)21 613 10 20

Email: malger@europeangymnastics.com

Website: www.europeangymnastics.com



**European
Gymnastics**

Officials European Gymnastics	
President	Farid GAYIBOV
Vice-President, President Jury of Appeal	Edvard KOLAR
EC member, Member Jury of Appeal	Paolo FRISING
General Director	Lisa WORTHMANN
Head of Media	Tina GERETS
Media Assistant	Fabrice RINGLER
Sports Coordinator	Michaël ALGER
Official Doctor	Filipa FERNANDES

Rhythmic Gymnastics Technical Committee (TC-RG)	
President	Evangelia TRIKOMITI
Member	Elena ALIPRANDI
Member	Eliso BEDOSHVILI
Member	Isabelle DE COSIO
Member	Alexandra PISCUPESCU
Member	Hristiana TODOROVA
Member	Yevgeniya VILYAYEVA

1.4 Host Federation and Organizing Committee (LOC)

Azerbaijan Gymnastics Federation

MGA- Milli Gimnastika Arenasi

178 Heydar Aliyev Avenue

AZ1029 Baku, Azerbaijan

Contact Person: Nurlana Mammadzada

Tel: +994 50 385 39 69

Email: office@agf.az

Website: www.agf.az

Event website: www.europeangymnastics.com



Local Organizing Committee	
President	Mehriban ALIYEVA
Vice-President	Altay HASANOV
Chairman	Mariana VASILEVA
Executive Director	Nurlana MAMMADZADA
Administration	Shafiga YOLCHUYEVA Fidan SIRAJ-ZADA
Event Manager	Natalya BULANOVA
Competition Secretariat	Niyar IRGASHEVA Elmira ALIYEVA
Head of Finance	Victoriya ABUSHOVA
Head of Accreditation	Fuad ABBASOV
Venue Manager	Emil MUSTAFAYEV
Head of Press	Aysel SULTANOVA
Medical Officer & Head of Security	Namig BADIRKHANOV
Ceremonies Director	Ruslan EYVAZOV
Marketing Manager	Farhad AHMADBAYLI Inara ISRAFILBAYOVA
Venue Branding	Nigar ANOKHINA
Delegation Services Manager	Khagani FARAJOV
Sport Presentation	Murad SHAKHVERDIYEV Lala MAHARRAMOVA Fatima SHAFIZADA
Transport	Emin GANBAROV Arif FEYZIYEV
International Relations Manager	Mehman ALIYEV

2. THE COMPETITION

2.1 SCHEDULE

Saturday, 13th May 2023		
All day	Arrival Day – European Gymnastics TC-RG	Hotel
Sunday, 14th May 2023		
All day	European Gymnastics TC-RG Meeting	MGA, (Judges` Room, -2)
Monday, 15th May 2023		
As announced	Official arrival day of Delegations & European Gymnastics officials	MGA (LOC Room, -2)
All day	European Gymnastics TC-RG Meeting	MGA (TC Room, -2)
Tuesday, 16th May 2023		
08:30 – 20:15	Official training for Junior Groups and Senior Individuals Latest arrival of Junior RGG Judges	MGA (Warm-up & Training Hall, FoP, -2)
13:00 – 13:30	Judges` Meeting for SmartScoring	MGA (FoP, -2)
13:30 – 15:30	Lunch	
15:30 – 17:00	Sightseeing tour	
18:00 – 19:00	Junior athletes round table	MGA (Athletes` Lounge, -2)
19:00	Orientation meeting & welcome reception	MGA (Artistic Lounge, 1)
Wednesday, 17th May 2023		
08:00 – 20:20	Latest arrival of Senior RGI Judges Trainings	MGA (Warm-up & Training Hall, -2)
11:00 – 12:00	Judges` meeting & draw – Junior Groups qualifications (5 Ropes & 5 Balls)	MGA (Judges` Room, -2)
12:00 – 13:50	QUALIFICATIONS & AA – Junior Groups (5 Ropes & 5 Balls) - set A	MGA (FoP, -2)
13:50 – 15:40	QUALIFICATIONS & AA – Junior Groups (5 Ropes & 5 Balls) - set B	MGA (FoP, -2)
15:40 – 16:40	Lunch	
17:00 – 18:00	Judges` draw – Junior Groups apparatus finals (5 Ropes & 5 Balls)	MGA (Judges` Room, -2)
18:00 – 18:45	Opening Ceremony	MGA (FoP, -2)
18:45 – 18:50	Presentation of the Finalists / 5 Ropes	MGA (FoP, -2)
18:50– 19:30	FINAL – Junior Groups (5 Ropes)	MGA (FoP, -2)
19:35 – 19:40	Presentation of the Finalists / 5 Balls	MGA (FoP, -2)
19:40 – 20:20	FINAL – Junior Groups (5 Balls)	MGA (FoP, -2)
20:25 – 20:45	Award ceremony Junior Groups – All-Around & Apparatus Finals / LOC nominations awardings / Audience Award for Junior Groups	MGA (FoP, -2)

Thursday, 18th May 2023		
All day	Possible arrival day for Senior Groups and Judges Possible departure day for Junior Groups and Judges	MGA (LOC Room, -2)
08:00 – 22:00	Trainings	MGA (Warm-up & Training Hall, -2)
11:00 – 12:00	Judges' meeting (Senior Individuals)	MGA (Judges' Room, -2)
12:00 – 14:00	QUALIFICATIONS – SENIOR INDIVIDUALS (Hoop & Ball) – set A	MGA (FoP, -2)
15:00 – 17:00	QUALIFICATIONS – SENIOR INDIVIDUALS (Hoop & Ball) – set B	MGA (FoP, -2)
17:15 – 19:03	QUALIFICATIONS – SENIOR INDIVIDUALS (Hoop & Ball) – set C	MGA (FoP, -2)
19:20 – 21:08	QUALIFICATIONS – SENIOR INDIVIDUALS (Hoop & Ball) – set D	MGA (FoP, -2)
Friday, 19th May 2023		
08:00 – 22:15	Trainings	MGA (Warm-up & Training Hall, -2)
09:00 – 10:00	Judges' meeting (Senior Individuals)	MGA (Judges' Room, -2)
10:00 – 11:48	QUALIFICATIONS – SENIOR INDIVIDUALS (Clubs & Ribbon) – set C	MGA (FoP, -2)
12:05 – 13:53	QUALIFICATIONS – SENIOR INDIVIDUALS (Clubs & Ribbon) – set D	MGA (FoP, -2)
14:40 – 16:40	QUALIFICATIONS – SENIOR INDIVIDUALS (Clubs & Ribbon) – set A	MGA (FoP, -2)
17:00 – 19:00	QUALIFICATIONS – SENIOR INDIVIDUALS (Clubs & Ribbon) – set B	MGA (FoP, -2)
19:45 – 22:15	<i>Official training for Senior Groups</i>	MGA (Warm-up & Training Hall, FoP, -2)
Saturday, 20th May 2023		
08:00 – 22:30	Trainings	MGA (Warm-up & Training Hall, -2)
11:00 – 12:00	Judges' meeting & draw (Senior Individuals & Senior Groups)	MGA (Judges' Room, -2)
12:00 – 12:10	Presentation of the Finalists	MGA (FoP, -2)
12:10 – 14:34	AA FINAL – Senior Individuals (Hoop, Ball, Clubs, Ribbon) - set B	MGA (FoP, -2)
14:34 – 15:45	Lunch	
15:45 – 15:55	Presentation of the Finalists	MGA (FoP, -2)
15:55 – 18:19	AA FINAL – Senior Individuals (Hoop, Ball, Clubs, Ribbon) - set A	MGA (FoP, -2)
18:25 – 18:30	SmartScoring Shooting Star Awarding	MGA (FoP, -2)
18:35 – 18:45	Award Ceremony All-Round Senior Individuals	MGA (FoP, -2)
18:45 – 19:00	Break	
19:00 – 20:30	QUALIFICATIONS & AA – Senior Groups (5 Hoops and 3 Ribbons + 2 Balls) - set B	MGA (FoP, -2)
20:30 – 20:50	Break	
20:50 – 22:30	QUALIFICATIONS & AA – Senior Groups (5 Hoops and 3 Ribbons + 2 Balls) - set A	MGA (FoP, -2)
22:35 – 22:45	Award Ceremony All-Around Senior Groups	MGA (FoP, -2)
22:45 – 22:55	Award Ceremony Team (Senior Individuals & Senior Groups)	MGA (FoP, -2)
Sunday, 21th May 2023		
09:00 – 10:30	City Tour	
08:00 – 17:45	Trainings	MGA (Warm-up & Training Hall, -2)
11:00 – 12:00	Judges' Instructions (Senior Individuals & Senior Groups)	MGA (Judges' Room, -2)
12:00 – 12:05	Presentation of the Finalists Hoop	MGA (FoP, -2)

12:05 –12:37	APPARATUS FINALS – Senior Individuals (Hoop)	MGA (FoP, -2)
12:41-12:46	Presentation of the Finalists Ball	MGA (FoP, -2)
12:46-13:18	APPARATUS FINALS – Senior Individuals (Ball)	MGA (FoP, -2)
13:23 – 13:28	Presentation of the Finalists Clubs	MGA (FoP, -2)
13:28 – 14:00	APPARATUS FINALS – Senior Individuals (Clubs)	MGA (FoP, -2)
14:05-14:10	Presentation of the Finalists Ribbon	MGA (FoP, -2)
14:10-14:42	APPARATUS FINALS – Senior Individuals (Ribbon)	MGA (FoP, -2)
14:45 – 15:05	Award Ceremony Senior Individual Apparatus Finals	MGA (FoP, -2)
15:05 – 16:05	Lunch	
16:05 – 16:10	Presentation of the Finalists (5 Hoops)	MGA (FoP, -2)
16:10 – 16:55	APPARATUS FINALS – Senior Groups (5 Hoops)	MGA (FoP, -2)
17:00 – 17:05	Presentation of the Finalists (3 Ribbons + 2 Clubs)	MGA (FoP, -2)
17:05 – 17:45	APPARATUS FINAL – Senior Groups (3 Ribbons + 2 Clubs)	MGA (FoP, -2)
17:50 – 18:05	Award Ceremony Senior Groups Apparatus Finals	MGA (FoP, -2)
18:05 – 18:10	LOC Nomination – Team Spirit and Miss Press	MGA (FoP, -2)
18:10 – 18:25	Closing of the Championships	MGA (FoP, -2)
20:30 -23:30	Farewell banquet	TBC
Monday, 22nd May 2023		
All day	Departure of Delegations & European Gymnastics officials	
Morning	European Gymnastics TC-RG Meeting	MGA (TC Meeting Room, -2)
Morning	European Gymnastics Presidential Board Meeting	MGA
Afternoon	European Gymnastics Executive Committee Meeting	
Tuesday, 23rd May 2023		
All day	European Gymnastics Executive Committee Meeting	MGA
Wednesday, 24th May 2023		
All day	Departure European Gymnastics officials	

2.2 Competition Format

The FIG requirements will be applied for all phases of competitions.

Event IDs: **Seniors: 17269, Juniors: 17284**

According to FIG TR 2023, the **2023 European Championships are a qualifying event for the World Championships**.

For details, see the **FIG TR 2023, section 3, “Qualification to World Championships”**.

After the drawing of lots (which took place on March 4th) no individual gymnast can be added to the number of gymnasts declared in the definitive registration and no additional group can be registered.

For nominative changes, until fifteen (15) days prior to the start of the qualifications, federations are allowed to modify the composition of their delegation (Individual and/or group).

(Ref. FIG Technical Regulations - Section 3 - Art. 6 - Registration Changes)

2.2.1 Senior Individual qualification Hoop – Ball – Clubs – Ribbon

- Qualifying Competition for the All-Around final and Apparatus finals.
- Competition according to the FIG program and with the indicated apparatus for the respective year. No more than 3 gymnasts per federation compete in this competition, presenting 8 exercises according to FIG rules in the order fixed by the FIG. Each gymnast must present at least 1 exercise but no more than 4

(a maximum of 1 exercise per apparatus).

- The team result is calculated by adding the 8 scores of the team's gymnasts. If a NF participates with only 1 gymnast, she must present an exercise with each of the 4 apparatus. She can qualify for the All-Around final and the Apparatus finals.
- If a NF does not participate in the Team Competition (i.e. competes without Senior group), its' gymnasts can qualify for the All-around final and the Apparatus finals.
- The best 3 exercises per gymnast count for the qualification for the All-Around final.

2.2.2 Senior Individual All-Around final

- The best 24 gymnasts (max. 2 gymnasts per NF) from the qualifications. If the host country has not qualified, they will get 1 place (24+1 from the host country). The gymnasts must present 4 routines. The All-Around ranking result is obtained by all 4 scores. The winner of the All-Around final competition is awarded with the title "European All-Around Champion".

2.2.3 Senior Individual Apparatus Finals

- (4 apparatus) with the 8 best gymnasts per apparatus (max. 2 gymnasts per NF) from the qualification competition according to the FIG rules.
- The winners of each of the 4 Apparatus finals will be awarded with the title "European Champion" on the respective apparatus.

2.2.4 Senior Group All-Around – 5 Hoops and 2 Balls & 3 Ribbons

- Competition according to the FIG program is with 2 different exercises, one executed with 1 apparatus, the other with 2 types of apparatus. The winner of the All-Around competition is awarded with the title "European All-Around Champion". The All-Around competition is also the qualification competition for the Apparatus finals.

2.2.5 Senior Groups Apparatus Finals

- (2 finals), competition of the 8 best ranked groups per apparatus of the qualification competition according to FIG rules.
- The gymnasts of the first ranked group in each final are awarded with the title "European Champion" with the respective apparatus.

2.2.6 Team ranking Senior Groups & Senior Individuals

- The winner of the Team competition is designated as follows:
- Senior Individual gymnasts: the result of all 8 routines of the qualification competition.
Senior groups: the result of the 2 exercises of the qualification competition.
The above- mentioned results will be added; the best NF is awarded with the title "European Team Champion".

If a NF does not participate in the Team Competition (i.e. competes without a Senior group): the individual gymnast/s can be ranked for the All-Around competition and qualify for the Apparatus finals.
If a NF does not participate in the Team Competition (i.e. competes without Senior individuals): the Senior group will be ranked for the All- Around competition and can qualify for the Apparatus Finals.

2.2.7 Junior Groups All-around competition – 5 Ropes and 5 Balls

- Qualification competition for the Apparatus Finals for Junior Groups with 1 presentation of an exercise with 5 Ropes and 1 presentation of an exercise with 5 Balls. The best 8 Groups in each apparatus are qualified for the Apparatus Finals.
For the All-around ranking, the results of these 2 presentations will be added. The Group ranked first after the 2 exercises will be awarded the title "Junior European Group Champion".
- According to the Technical Regulations art. 3.2.5: NF may participate with only 1 exercise. The group can qualify for the Apparatus finals.
- **If your group competes with only 1 exercise, please fill in appendix 5 and return it to Ms. Michaël Alger, malger@europeangymnastics.com by April 20th, 23:59h CET.**
(Federations not returning the appendix will be planned with 2 exercises.)

2.2.8 Junior Groups Apparatus Finals

- (2 finals), competition of the 8 best Groups per apparatus of the qualification competition. The gymnasts of the firstranked Group will be awarded with the title "European Champion" of the respective apparatus.

2.3 Tie break rules

In case of a tie at any position at the end of any competition, the tie breaking rules set out in the TR FIG will apply (TR FIG, Section 3, Article 7).

2.4 Changes of the Starting Order

Between the nominative registration – Step 2 and the accreditation

The injured or sick gymnast can be replaced and another gymnast can be accredited.

Between the Accreditation and 24 hours before the start of the Qualifications

The injured or sick gymnast can be replaced. The injured or sick gymnast must return her accreditation and another gymnast can be accredited. Gymnasts who have been withdrawn or replaced for whatever reason (including injuries and illness), may at no time be reaccredited.

Less than 24 hours before the start of the Qualifications

No new accreditations can be delivered. If the Qualifications take place over more than one day, the start time of the day of Qualifications in which an Individual gymnast or Group is scheduled to compete is used to calculate the 24 hours before. The injured or sick gymnast can be replaced by any gymnast already accredited, except those withdrawn or replaced, only with medical certificate verified by the official European Gymnastics / LOC medical doctor. In the above cases, the replacing Individual gymnast will have to perform all apparatus the sick or injured gymnast was registered for, and will fill the same position(s) in the draw (starting order) of the replaced gymnast.

For changes less than 24 hours prior to the start of the competition, the subsequent regulations in the FIG TR will apply.

Special Provisions

Each federation may enter 5 or 6 gymnasts for the total programme of group exercises (2 in qualifications and 2 finals if qualified). In case of 6 gymnasts, all 6 gymnasts must take part in at least one exercise. Should one gymnast not take part in any exercise, the group is disqualified. In case of 6 gymnasts the group composition must be submitted for both exercises at the time of the nominative registration. The identity of each gymnast will be checked before entering the competition floor for both exercises. The coach will be informed should the group composition not correspond to the one submitted. He/she will be given the possibility to modify the group composition to be in accordance with the one declared. Should the coach let his/her group compete with a different composition will result in the disqualification of his/her group from the respective exercise(s). As a result, the group will not be ranked in the All-Around Ranking List nor in the Ranking List of the routine it was disqualified from. Modifications of the group composition can be accepted on site only with a medical certificate verified by the official FIG doctor.

Each group exercise has to be performed by 5 gymnasts. A group comprising a different number of gymnasts is not acceptable.

2.5 Access to the competition area

Concerning the presence of the coaches and medical staff on the Field of Play (FoP), the provisions listed in the below table will apply.

(Federations who registered only one coach will receive only 1 TAC for the competition concerned.)

	Senior Individuals	Senior Groups	Junior Groups
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TAC Zone 1 – coaches	2	2	2
TAC Zone 1 – medical staff	1	1	1

2.6 Use of electronic devices (TR European Gymnastics)

During the duration of official European Gymnastics competitions (which is defined as starting the moment the first gymnast enters the field of play and ending the moment the last score is publicly displayed):

- Judges on the field of play are absolutely prohibited from using mobile phones / tablets and any other kind of electronic communication devices.
- Other delegation members (gymnasts, coaches, medical staff) are prohibited from using mobile phones and any other kind of electronic communication devices. However, gymnasts are allowed to listen to music (with earphones and on a sound level which is not observable for surrounding persons). It is also allowed to other delegation members to take photos (but no videos), without flash and not interrupting the running of the competition.
- If these rules are violated, the persons concerned will receive a verbal warning.
- If this behaviour is repeated after a written warning is issued, those persons concerned will be excluded for the rest of the competition.
- The Superior Jury is responsible for deciding these disciplinary measures.
- Appeals against these decisions have to be submitted to the Jury of Appeal whose decision is final.

2.7 Ceremonies and Awarding

2.7.1 Award ceremonies

All award ceremonies will take place after each block of finals. It will be carried out in accordance with the European Gymnastics Directives for Ceremonies. On the podium, awards will only be presented to the gymnasts ranked from 1st to 3rd place.

- For the team award ceremonies, **1** coach is allowed on the podium.
- Please ensure that your Federation's medallists are in time for the line-up prior to the ceremonies.
- **All gymnasts & coaches must wear the official tracksuit.**
- The participation of the medallists in the award ceremonies is compulsory. All gymnasts that are absent for unjustified reasons will be disqualified.

2.7.2 Opening Ceremony

The opening ceremony will take place on Wednesday, May 17th at 18:00 in the MGA.

2.7.3 SmartScoring Shooting Star Award

The SmartScoring Shooting Star awarding will take place on Saturday, May 20th, after the senior individual all-around final.

2.7.4 LOC Nominations / Awarding

Audience Award for Junior Groups

While they enter the competition venue, spectators will be given flyers. They will indicate on this flyer the name of their favourite gymnast to receive the award, and then put it into a dedicated box located near each stand. The voting will start at 12:00 until 18:35 on May 17th (before the start of finals). The presentation of the award will take place at 20:15 on May 17th, 2023.

Team Spirit for Senior Groups

All people (spectators, delegations' members, volunteers and etc.) can take part in this voting by using the hashtag: #teamsprit. The spectators will take either picture or record a video and share that content on their Instagram page with the hashtag concerned. Further details will be provided on the flyers to be distributed well

in advance. The voting starts even before the starting of competitions until 00:00 on May 20th. The presentation of the award will take place at 18:15 on May 21st, 2023.

Miss Press for Senior Individual Gymnasts

Flyers will be distributed among the media representatives while they receive their accreditation cards. They will indicate on it the name of their favourite gymnast for this award. Then, the flyer should be put into the box that will be located into the Main Press Centre. The voting will start from the first day of competitions until 00:00 on May 20th. The presentation of the award will take place at 18:15 on May 21st, 2023.

2.8 Apparatus

The apparatus supplier of this edition of the European Championships is Spieth (colour: beige). A total of 9 carpets + additional stretching area will be available.

2.9 Scoring and distribution of results

For each competition, start lists and results will be provided on www.europeangymnastics.com. In addition, they will be sent to the heads of delegation by e-mail. At the end of the championships all delegations will be provided with a complete set of results including the judges' individual scores for all competitions.

2.10 Control of the Apparatus

All hand apparatus must be FIG certified and must respect the dimensions of the FIG Apparatus Norms. According to the TR FIG, an apparatus control will take place before the competition. A draw will be conducted to decide the gymnasts whose apparatus will be controlled. If one of your gymnasts has been drawn, you will get a notification in your delegation box.

- During the training sessions in the competition hall, each delegation will have the opportunity to have its apparatus verified and have the official control label attached to it.
- During the competition, a control will be carried out before each exercise.
- A further check may take place at the end of the exercise at the request of the control judges or the superior jury.
- Any apparatus which is not according to the regulations will be refused or its use will be penalised (even if that apparatus had been accepted for a prior competition).

2.11 Music

The music has to be uploaded on the SmartScoring Digital Platform (gymdata); the login information has been sent to each federation after the definitive deadline. Delegation must upload their music not later than **April 20th**.

- Music has to be uploaded in .mp3 format and named as follow:
 - The name of the nation (official abbreviation of the country)
 - The first and last name of the individual competitor or the group
 - The apparatus
 - The indication junior or senior
 - Example: ROU_RADU_Alina_JUN.mp3 or ROU_Group_5hoos_SEN)
- Delegation members are requested to keep in their possession a copy on a USB key in case of a technical problem.
- At the accreditation, a form with the duration and the author of the music has to be filled in and handed in; official titles/interpreters have to be indicated (appendices 3 & 4).
- The authorised sound level in the training and competition halls is limited to 80 dB resp. 1000 Hertz (Hz).

2.12 Anti-doping controls

Any doping is prohibited. An anti-doping control can be requested at any time. Anti-doping controls will be made as per regulations of FIG and WADA.

3. THE JURY

3.1 Judges' panels

Each NF taking part must present one RGI qualified judge (cat. 1, 2 or 3) in good standing.

The selection of the judges is made by draw during the Judges' instruction and the judges' meetings prior to each competition as follows:

- The D Judges are drawn by NF among the judges with cat. 1 or 2 (preference is given to the judges with cat. 1).
- A, E, T, L and Reserve Judges are drawn among the judges cat. 1, 2 or 3 (preference is given to the judges with the highest qualification).

In Apparatus Finals, only judges whose NFs do not have competitors, nor a No 1 reserve gymnast taking part, may be called upon to judge. The selection is made by draw.

If there are insufficient number of judges, the TC decides the process for designating the necessary number of judges.

3.2 Superior Jury

The TC President Ms. Evangelia Trikomiti functions as President of the Superior Jury. The TC member Elena Aliprandi functions as assistant.

- Wednesday – Junior Groups competition and Junior Groups Finals, the Superior jury is composed of the Superior Jury + 1 invited judge
- Thursday and Friday – Senior Individuals qualification competitions the Superior jury is composed of the Superior Jury + 1 invited judge
- Saturday – Senior Individuals and Senior Groups AA competitions, the Superior jury is composed of the Superior Jury + 2 invited judges
- Sunday – Senior Individuals Finals and Senior Groups Finals, the Superior jury is composed of the Superior Jury + 2 invited judges

3.3 Jury of Appeal

The Jury of Appeal is composed of 2 members of European Gymnastics Executive Committee (one of them acting as President) and a member of the LOC who was not involved in the decision of the Superior Jury and in the judging process of the apparatus concerned.

President	Mr. Edvard KOLAR
Member	Mr. Paolo FRISING
Member	Mr. Rauf ALIYEV

3.4 Control Jury

3.4.1 Individuals

- Difficulty Body 2 panels – 2 TC members
- Difficulty Apparatus 2 panels – 1 TC members + 1 invited judge
- Execution Artistry faults – 1 TC member
- Execution Technical faults – 1 TC member

3.4.2 Groups

- Difficulty of the Body 2 panels – 2 TC members
- Difficulty of the Apparatus 2 panels – 2 TC members
- Execution Artistry faults – 1 TC member
- Execution Technical faults – 1 invited judge

3.5 Drawing of Lots of the Judges

All judges have to be present during all competition phases they're registered in it.

3.6 Judges' instruction

All Judges accredited should study STS WCUP 2023 before they arrive. **Judges Instructions will take place on May 10th 12:00-14:00 CET through Zoom Meeting.** Please check arrival of the Judges in the schedule.

3.7 Code of Ethics

Any close family relative to a competitive gymnast may not judge that gymnast or this group at this FIG sanctioned event. If a conflict should or could appear, the European Gymnastics President is to be informed, so appropriate action can be taken.

3.8 Inquiries of the Score

- European Gymnastics applies the relevant FIG TR article in which the detailed procedure is laid down.
- If an inquiry is refused, the amount will be invoiced by European Gymnastics (in Euro, not in USD) and must be paid within one month upon receipt of the invoice.

4. THE ORGANIZATION OF THE EVENT

4.1 Competition, training- and warm-up hall venue

MGA- Milli Gimnastika Arenasi
178 Heydar Aliyev Avenue
AZ1029 Baku, Azerbaijan

4.2 Orientation meeting & Welcome Reception

- The Orientation meeting will be held on Tuesday, May 16th at 19:00 in the competition venue followed by a welcome reception
- Max. 2 persons per delegation can participate.
- The presence of the participating National Federations at the Orientation meeting is mandatory.
- Unjustified failure to attend will result in a sanction against the Federation of Euro €1,000.

4.3 Banquet

The banquet will take place as "red carpet"- style event according to the championships' motto "shine like a star". Dress code: evening dresses for women / black/dark suit for men. The style of the women's dresses, depicted on the event's poster, is highly recommended.

4.4 Training Information

- The training takes place at the times published in this workplan. A detailed training schedule will be provided to the participating National Federations.
- The delegations are obliged to respect the training schedules.
- Access to the training halls is limited to the nations concerned and persons having the according accreditations.
- After the official training in the competition hall, the Heads of Delegation have to confirm with a form (appendix 4), that the music tracks of their gymnasts are correct.

The official trainings start from May 16. If any delegation needs training on non-official days (early trainings), the LOC can provide it at extra cost.

The requests regarding additional trainings and any subsequent questions can be sent to the following email address: events@agf.az

The deadline to submit additional training requests is May 10, 2023.

4.5 Photos of the gymnasts

- Before the start of the official podium training photos of each gymnast and group must be taken for the gymnasts' presentation during the competition.
- Gymnasts must wear their official tracksuit.
- The pictures will be taken at Green Room (-2).

4.6 Accreditation

The accreditation office will be located at the competition venue. Upon accreditation, the Head of Delegation or his/her representative must provide the following to the LOC:

- The passports of all delegation members.
- The medical insurance for all delegation members.
- Proof of the fulfilment of all financial obligations to the LOC (accommodation, meals);
- 2 sets of Audio CD's of the music and a form with the duration and the author of the music has to be filled in; official titles/Interpreters have to be indicated. (*Appendices 3 & 4*)
- confirm the accuracy of the Music, uploaded on the LOC digital platform
- Submission of e-mail address of one responsible person
- Departure confirmation

4.7 Accommodation

Official European Gymnastics & Judges hotel

Hilton Hotel 5*

Address: 1B Azadlig Avenue, Baku 1000

Tel: +994 12 464 50 00

Website: <https://www.hilton.com/en/hotels/gydhhbi-hilton-baku/>

Delegation hotels

For the full list of the delegation's hotels, please see the Directives.

4.8 Meals

Breakfast and all ordered meals will be served at the hotels.

Lunch boxes (if needed) are available at the hotels subject to the condition that delegations inform the hotel info desk 1 day in advance about the number of lunch boxes needed.

Meal Times:

Location	Breakfast	Lunch	Dinner
Hilton hotel	06:00-10:00	13:00-16:00	19:00-22:00
Baku Marriott Boulevard Hotel	06:00-10:00	13:00-16:00	19:00-22:00
Courtyard Baku by Marriott	06:00-10:00	13:00-16:00	19:00-22:00
Sport Plaza Hotel & Apartments	06:00-10:00	13:00-16:00	19:00-22:00
MGA	N/A	13:00-16:00	N/A

Note: On May 17, the lunch will be served from 13:00 until 16:30, and the dinner – until 22:30

On May 18, the dinner will be served until 22:30

On May 19, the dinner will be served until 23:30

On May 20, the dinner will be served until 00:00

4.9 Transportation

International Transportation

The invited participating Federations must pay for the travel costs of their delegation members. The European Gymnastics and the LOC strongly recommend that each Federation takes out cancellation insurance for their international transportation.

The LOC offers free local transportation to the official hotels and back for all accredited persons from the official arrival airport in Baku (GYD).

Local Transportation

Event local transportation service from the official hotels to the venue and back, as well as to any other official activities and back, will be provided to all delegations that stay at one of the official hotels and submit their Travel Schedule for Arrival and Departure to the LOC by April 20th 2023 via the Smart Scoring Digital Platform.

4.10 Delegation Boxes

Delegation Mailboxes will be set up at the information desk located at the Competition venue. However, whenever possible all information regarding competition, warm-up, training, as well as other European Gymnastics and LOC correspondence will be distributed via E-mail or WhatsApp group to the heads of delegation.

A special "Mailbox" authority card will be issued to each Head of Delegation. This card must be shown when collecting all information and results from their Delegation Mailbox. The delegation member designated to collect the information from the Delegation Mailbox will be required to sign for information collected.

The information desk will be open daily from 08:00. The closing time will depend on the end of training.

4.11 Medical Service

Medical Service will be provided at the official competition, warm-up and training venues. Trained medical staff will be in place during the opening hours at all official venues. If a medical emergency occurs, please search for the medical centre or approach the nearest medical team.

If a medical emergency occurs and an athlete needs to go to the hospital the athlete MUST be accompanied by a person from his/her delegation.

On Call Number: +994 50 373 45 65

Outside the official opening hours at the official venues, there is a 24/7 on-call number available for all athletes. This Number can be called if medical advice is needed.

For urgent medical emergencies, which occur outside of competition or training call 112.

Official Hospital ECh 2023

Central Clinic Hospital
76 Parliament Avenue, Baku, Azerbaijan
Tel: +99412 492 10 92

4.12 Safeguarding

A safe environment for all participants is a top priority at the 2023 RG European Championships! In case you experience or see any form of violence you can contact Lisa Worthmann (lworthmann@europeangymnastics.com , mobile + 41 78 850 97 14).

4.13 Appendices

- App 1: Layouts
- App 2: AGF Medical COVID-19 Incident Response Protocols
- App 3: Music Copyrights form
- App 4: Music Confirmation at podium training
- App 5: Junior Groups participation form (if only 1 exercise)
- App 6: Additional training request form (non-official training before ECh)
- App 7: Inquiries form
- App 8: Schedules training 16. – 19.05.
- App 9: Schedules competition 17. – 21.05.

4.14 TV and Media

The Host Broadcaster is Idman TV (Sports Channel of Azerbaijan Television and Radio Broadcasting Closed Joint-Stock Company).

Social media

<https://www.facebook.com/azegymnastics>

<https://www.youtube.com/c/AzerbaijanGymnasticsFederation/featured>

<https://twitter.com/azegymnastics>

<https://www.instagram.com/azegymnastics/>

<https://www.tiktok.com/@azerbaijanygymnastics?lang=ru-RU>

<https://t.me/azegymnastics>

[#Baku2023](#)

[#shinelikeastar](#)

4.15 Rules and regulations

This European Championships will take place under the following regulations:

- FIG and European Gymnastics Statutes
- FIG and European Gymnastics Technical Regulations
- FIG Code of Points, relevant Newsletters and help desk
- FIG General Judges' Rules
- FIG Specific Judges' Rules
- FIG Anti-doping Rules
- European Gymnastics Medical Guidelines
- FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events
- FIG License Rules
- European Gymnastics Media Rules
- FIG Apparatus Norms
- FIG Advertising and Publicity Rules
- European Gymnastics Accreditation Directives
- European Gymnastics Directives for Ceremonies
- FIG Code of Ethics
- FIG Code of Discipline
- and subsequent decisions of the FIG/European Gymnastics Executive Committee

The members of the European Gymnastics/EC/TC will handle unforeseen incidents or events that might occur during these championships.



Evangelia Trikomiti

President of the European Gymnastics TC-RG

Lausanne, May 11th, 2023