



39th European Rhythmic Gymnastics Championships
Senior Individuals & Groups and Junior Groups
Baku (AZE)
17.05.2023
Trainings



	№	Stretching area	F. 1 ʘʘ	F.2 ʘʘ	F.3 ʘʘ	F. 4 ʘʘ	F.5 ʘʘ	F.6 ʘʘ	F.7 ʘʘ	F.8 ʘʘ
IND. QUALIFICATION		1 training								
	GEO/LUX	8.00-8.30	8.30-9.30							
	SVK/BUL	8.00-8.30		8.30-9.30						
	GER/LAT	8.00-8.30			8.30-9.30					
	SWE/UKR	8.00-8.30				8.30-9.30				
	MNE/AND/POL/CYP	8.00-8.30					8.30-9.30			
	BEL/AUT	8.00-8.30						8.30-9.30		
	MDA/POR	8.00-8.30							8.30-9.30	
	FRA/SLO	9.00-9.30								9.30-10.30
	AZE/TUR	9.00-9.30	9.30-10.30							
	CZE/GRE	9.00-9.30		9.30-10.30						
	CRO/FIN	9.00-9.30			9.30-10.30					
	EST/HUN	10.00-10.30	10.30-11.30							
	NOR/NED	10.00-10.30		10.30-11.30						
	SUI/LTU	10.00-10.30			10.30-11.30					
	BIH/ITA	11.00-11.30	11.30-12.30							
	ISR/ESP	11.00-11.30		11.30-12.30						
	SRB/SMR	11.00-11.30			11.30-12.30					
	ROU/GBR	12.00-12.30	12.30-13.30							
IND. QUALIFICATION		2 training								
	GEO/LUX	13.30-14.00	14.00-15.00							
	SVK/BUL	13.30-14.00		14.00-15.00						
	GER/LAT	13.30-14.00			14.00-15.00					
	SWE/UKR	14.30-15.00	15.00-16.00							
	MNE/AND/POL/CYP	14.30-15.00		15.00-16.00						
	BEL/AUT	14.30-15.00			15.00-16.00					
	MDA/POR	15.30-16.00	16.00-17.00							
	FRA/SLO	15.30-16.00		16.00-17.00						
	AZE/TUR	15.30-16.00			16.00-17.00					
	CZE/GRE	16.30-17.00	17.00-18.00							
	CRO/FIN	16.30-17.00		17.00-18.00						
	EST/HUN	16.30-17.00			17.00-18.00					
	NOR/NED	17.30-18.00	18.00-19.00							
	SUI/LTU	17.30-18.00		18.00-19.00						
	BIH/ITA	17.30-18.00			18.00-19.00					
	ISR/ESP	18.30-19.00	19.00-20.00							
	SRB/SMR	18.30-19.00		19.00-20.00						
	ROU/GBR	18.30-19.00			19.00-20.00					

Stretching area will be available 30 minutes prior to the start of official training.



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No	Stretching area	F. 1 №	F.2 №	F.3 №	F. 4 №	F.5 №	F.6 №	F.7 №	F.8 №
IND. QUALIFICATION B									
BEL/AUT	8.00-8.30	8.30-9.30							
MDA/POR	8.00-8.30		8.30-9.30						
FRA/GRE	8.00-8.30			8.30-9.30					
AZE/CYP	8.00-8.30				8.30-9.30				
TUR/SLO	8.00-8.30					8.30-9.30			
IND. QUALIFICATION C									
CZE/CRO	8.00-8.30						8.30-9.30		
FIN/EST	8.00-8.30							8.30-9.30	
HUN/NOR	9.00-9.30								9.30-10.30
NED/SUI/POL	9.00-9.30	9.30-10.30							
IND. QUALIFICATION D									
LTU/BIH	9.00-9.30		9.30-10.30						
ITA/ISR	9.00-9.30			9.30-10.30					
ESP/SRB	10:00-10.30	10.30-11.30							
SMR/ROU	10:00-10.30		10.30-11.30						
GBR	10:00-10.30			10.30-11.15					
GROUP QUALIFICATION 1 training									
ESP/FIN	11.00-11.30	11.30-12.30							
BUL/GER	11.00-11.30		11.30-12.30						
ROU/GRE	11.00-11.30			11.30-12.30					
CZE/UKR	12.00-12.30	12.30-13.30							
GBR /FRA	12.00-12.30		12.30-13.30						
EST/TUR	12.00-12.30			12.30-13.30					
HUN/ITA	13.00-13.30	13.30-14.30							
POL/POR	13.00-13.30		13.30-14.30						
ISR/GEO	13.00-13.30			13.30-14.30					
AZE	14.00-14.30	14.30-15.30							
IND. QUALIFICATION A									
GEO/LUX	16.30-17.00	17.00-18.00							
SVK/BUL	16.30-17.00		17.00-18.00						
GER/MNE	16.30-17.00			17.00-18.00					
LAT/AND	17.30-18.00	18.00-19.00							
SWE/UKR	17.30-18.00		18.00-19.00						
GROUP QUALIFICATION 2 training									
ESP/FIN	17.30-18.00			18.00-19.00					
BUL/GER	18.30-19.00	19.00-20.00							
ROU/GRE	18.30-19.00		19.00-20.00						
CZE/UKR	18.30-19.00			19.00-20.00					
GBR /FRA	19.30-20.00		20.00-21.00						
EST/TUR	19.30-20.00			20.00-21.00					
HUN/ITA	20.20-20.50					20.50-21.50			
POL/POR	20.23-20.53						20.53.21.53		
ISR/GEO	20.26-20.56				20.56-21.56				
AZE	19.30-20.00	20.00-21.00							

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	№	Stretching area	F. 1 ¹	F. 2 ²	F. 3 ³	F. 4 ⁴	F. 5 ⁵	F. 6 ⁶	F. 7 ⁷	F. 8 ⁸
IND. QUALIFICATION A										
	GEO/LUX	8.00-8.30	8.30-9.30							
	SVK/BUL	8.00-8.30		8.30-9.30						
	GER/MNE	8.00-8.30			8.30-9.30					
	LAT/AND	9.00-9.30	9.30-10.30							
	SWE/UKR	9.00-9.30		9.30-10.30						
IND. QUALIFICATION B										
	BEL/AUT	9.00-9.30			9.30-10.30					
	MDA/POR	10:00-10.30	10.30-11.30							
	FRA/GRE	10:00-10.30		10.30-11.30						
	AZE/CYP	10:00-10.30			10.30-11.30					
	TUR/SLO	11.00-11.30	11.30-12.30							
GROUP QUALIFICATION										
1 training										
	GBR/FRA	11.00-11.30		11.30-12.30						
	EST/TUR	11.00-11.30			11.30-12.30					
	HUN/ITA	12.00-12.30	12.30-13.30							
	POL/POR	12.00-12.30		12.30-13.30						
	ISR/GEO	12.00-12.30			12.30-13.30					
	AZE	13.00-13.30	13.30-14.30							
	ESP/FIN	13.00-13.30		13.30-14.30						
	BUL/GER	13.00-13.30			13.30-14.30					
	ROU/GRE	14.00-14.30	14.30-15.30							
	CZE/UKR	14.00-14.30		14.30-15.30						
All-round IND FINAL										
		18.30-19.00	19.00-20.30							

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Trainings



	No	Stretching area	F. 1 ¹	F. 2 ²	F. 3 ³	F. 4 ⁴	F. 5 ⁵	F. 6 ⁶	F. 7 ⁷	F. 8 ⁸
All-round IND FINAL		Training								
		8.00-10.00								
GROUP QUALIFICATION		Training								
	FRA/EST	10:00-10.30	10.30-11.30							
	TUR/HUN	10:00-10.30		10.30-11.30						
	ITA/POL	10:00-10.30			10.30-11.30					
	POR/ISR	11.00-11.30	11.30-12.30							
	GEO/ESP	11.00-11.30		11.30-12.30						
	FIN/BUL	11.00-11.30			11.30-12.30					
	GER/ROU	12.00-12.30	12.30-13.30							
	GRE/CZE	12.00-12.30		12.30-13.30						
	UKR/GBR	12.00-12.30			12.30-13.30					
	AZE	13.00-13.30	13.30-14.30							
IND FINALS		Training								
			18.30-19.30							
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Trainings



5 hoops		1st	2nd	3rd	4th	5th	6th	7th	8th
No	RANK								
1		8.30-9.30							
2			8.30-9.30						
3				8.30-9.30					
4					8.30-9.30				
5						8.30-9.30			
6							8.30-9.30		
7								8.30-9.30	
8									8.30-9.30
2balls/3ribbons		1st	2nd	3rd	4th	5th	6th	7th	8th
No	RANK								
1		9.30-10.30							
2			9.30-10.30						
3				9.30-10.30					
4					9.30-10.30				
5						9.30-10.30			
6							9.30-10.30		
7								9.30-10.30	
8									9.30-10.30
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 PODIUM TRAINING for GROUPS



	Country	F4	♫	F5	♫	F6	♫	F7	♫	F8	♫	Podium Ball	
1	ESP/FIN	18:45:00	19:45:00									19:45:00	20:00:00
2	BUL/GER			19:00:00	20:00:00							20:00:00	20:15:00
3	ROU/GRE					19:15:00	20:15:00					20:15:00	20:30:00
4	CZE/UKR							19:30:00	20:30:00			20:30:00	20:45:00
5	AZE									19:45:00	20:45:00	20:45:00	21:00:00
6	GBR/FRA	20:00:00	21:00:00									21:00:00	21:15:00
7	EST/TUR			20:15:00	21:15:00							21:15:00	21:30:00
8	HUN/ITA					20:30:00	21:30:00					21:30:00	21:45:00
9	POL/POR							20:45:00	21:45:00			21:45:00	22:00:00
10	ISR/GEO									21:00:00	22:00:00	22:00:00	22:15:00

Stretching area will be available 30 minutes prior to the start of official training.