## FIG TRAMPOLINE GYMNASTICS WORLD CUP AGF TROPHY



# **WORK PLAN**

BAKU, AZERBAIJAN FEBRUARY 16 & 17, 2019







Dear Friends,

We are happy to host another FIG World Cup in Trampoline Gymnastics on February 16 & 17, 2019. This year's events are very important for Trampoline Individual gymnasts as they qualify for the 2020 Tokyo Olympic Games.

This Work Plan was made for your convenience to have all the necessary information and we hope it will facilitate to the smooth running of competitions.

Looking forward for your spectacular performances, we wish you to gain great heights at the World Cup in Baku!

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|------------------------|---|
|                        | Namig Badirkhanov<br>LOC, Medical Manager<br>Tel.: +99450 373 4565  |
| COMPETITION<br>VENUE   | MGA – Milli Gimnastika Arenasi (National Gymnastics Arena)<br>178 Heydar Aliyev Avenue<br>AZ1029 Baku, Azerbaijan<br>+99412 566 9699  |







| COMPETITION<br>VENUE   |   | info@mga.az<br>www.mga.az<br>The MGA was officially opened in April 2014. This gymnastics specialized<br>Arena has already hosted many different international sport events.   |   |  |
|------------------------|---|--|---|--|
|                        |   | The Arena has the ability to stretch from 5,000 to 9,600 seats, depending on<br>the size and the nature of the event it hosts. This sports facility has become<br>a favourite training camp venue of many gymnasts all over the world. |   |  |
|                        |   | Training and Warm-up facilities will be located within the MGA.  |   |  |
|                        | Р   | ROVISIONAL GENERAL COMPETITION SCHE  | DULE  |  |
|                        |   | February 14 – Thursday   |   |  |
| All day                | Arrival of d  | elegations   |   |  |
| 09:00-20:00            | Accreditatio  | *  | MGA (Accreditation Center-<br>2)                      |  |
| 09:00-20:00            | TRA & TUM   | I free training  | <sup>2)</sup><br>MGA (Training &<br>Warm-up Hall, -2) |  |
| February 15 – Friday   |   |  |   |  |
| 08:30-12:00            | Accreditation   |  | MGA (Accreditation<br>Center-2)                       |  |
| 09:00                  |   |  | MGA, (Artistic Lounge, 1)                             |  |
| 09:30-20:30            | TRA & TUM training/podium training<br>(Detailed schedule to be provided upon arrival) MGA (Training &<br>Warm-up Hall/FoP, -2 |  | MGA (Training &<br>Warm-up Hall/FoP, -2)              |  |
| 17:30-18:15            | TUM Judges' meeting, instruction and draw       MGA (Judges' Room, -         2)   |  |   |  |
| 18:15-18:30            | TUM Scoring system training for judges     MGA (FoP, -2)  |  | MGA (FoP, -2)   |  |
| 18:30-19:15            | TRA Judges' meeting, instruction and draw       MGA (Judges' Room, -         2)   |  |   |  |
| 19:15-19:30            |   |  |   |  |
| February 16 – Saturday |   |  |   |  |
| 09:30-10:00            |   |  | MGA (Judges' Room,-<br>2)                             |  |
| 10.00-10.15            | Opening Ceremony  |  | MGA (FoP, -2)   |  |
| 10.15-11.00            |   |  | MGA (FoP, -2)   |  |
| 11.00-11.50            | TRA: Men's Ind.& Women's Ind. Qualification - Group 1 (M12/W10) MGA (FoP, -2)   |  | MGA (FoP, -2)   |  |
| 11.50-12.40            | TRA: Men's Ind.& Women's Ind. Qualification - Group 2 (M12/W10) MGA (FoP, -2)   |  |   |  |
| 12.40-13.30            | TRA: Men's Ind.& Women's Ind. Qualification - Group 3 (M12/ W10) MGA (FoP, -2)  |  |   |  |
| 13.30-14.30            | Break   |  |   |  |
| 14.30-15.20            | TRA: Men's Ind.& Women's Ind. Qualification - Group 4 (M11/ W9) MGA (FoP, -2)   |  |   |  |
| 15.20-16.10            | TRA: Men's Ind.& Women's Ind. Qualification - Group 5 (M11/ W9) MGA (FoP, -2)   |  |   |  |
| 16.10-17.00            | TRA: Men's Ind.& Women's Ind. Qualification - Group 6 (M11/ W9) MGA (FoP, -2)   |  |   |  |
| 17.00-17.50            | TRA: Men's Ind.& Women's Ind. Qualification - Group 7 (M11/ W9) MGA (FoP, -2)   |  |   |  |
| 17.50-18.30            | Break   |  |   |  |







| 18.30-19.20            | TRA: Men's a  | & Women's Synchro Pairs' Qualification - Group 1 (M10/W8)   | MGA (FoP, -2)                             |  |
|------------------------|---|---|---|--|
| 19.20-20.10            | TRA: Men's a  | & Women's Synchro Pairs' Qualification - Group 2 (M10/W8)   | MGA (FoP, -2)                             |  |
| 20.10-21.00            | TRA: Men's Synchro Pairs' Qualification - Group 3 (M9/W8) |   | MGA (FoP, -2)                             |  |
|                        |   | February 17 – Sunday  |   |  |
| 09:00-11:00            | Free Training for all finalists (TRA & TUM)               |   | MGA (Training &<br>Warm-up Hall, FoP, -2) |  |
| 11:00-11:45            | TRA/ TUM 、  | Judges' meeting & draw  | MGA (Judges' Room, -<br>2)                |  |
| 12:00-12:30            | Finals - TRA  | A Individual Gymnasts: Women  | MGA (FoP, -2)                             |  |
| 12:30-13:00            | Finals - TRA  | A Individual Gymnasts: Men  | MGA (FoP, -2)                             |  |
| 13:00-13:15            | Award cere  | mony + AGF TROPHY   | MGA (FoP, -2)                             |  |
| 13:15-13:45            | Finals - TUN  | M: Men &Women (8+2)   | MGA (FoP, -2)                             |  |
| 13:45-14:00            | Award cere  | mony + AGF TROPHY   | MGA (FoP, -2)                             |  |
| 14:00-14:30            | Finals – TR   | A Synchro Pairs: Women  | MGA (FoP, -2)                             |  |
| 14:30-15:00            | Finals - TRA  | A Synchro Pairs: Men  | MGA (FoP, -2)                             |  |
| 15:00-15:15            | Award cere  | mony  | MGA (FoP, -2)                             |  |
| 16:00-18:00            | City Sightse  | City Sightseeing Tour (departure from MGA with arrival to the official hotels)  |   |  |
| 19:30                  | Farewell ba   | nquet   | tbc                                       |  |
|                        |   | February 18 – Monday  |   |  |
| All day                | Departure   | of delegations  |   |  |
| ARRIVAL<br>INFORMATION |   | Official delegation members will be met at Heydar Aliyev International Airport (GYD), bus or railway station upon arrival in Baku and transferred to the event's official hotels provided that they reserved accommodation through the LOC. Each delegation will be accompanied by a dedicated volunteer in the course of stay in Baku. The volunteers will inform the delegations of the time fixed for their accreditation upon arrival.  |   |  |
| ACCREDITATION          |   | <ul> <li>Accreditation Center is located within the competition venue - Milli<br/>Gimnastika Arenası (MGA, National Gymnastics Arena). There is no need<br/>for all delegation members to be present at the accreditation center. One/two<br/>responsible persons from the delegation possessing all the necessary<br/>information is enough to get accreditation for all its members.</li> <li>The following items will be checked/submitted by a responsible person: <ul> <li>The passport of gymnasts and judges including all members of the<br/>delegations</li> <li>License</li> <li>Transport – Departure details</li> <li>Settlement of all outstanding payments</li> <li>The medical insurance for the members of the delegations</li> <li>Submission of competitions cards</li> <li>National anthem and national flag</li> <li>Distribution of keys/access cards to get information from mailboxes</li> <li>Distribution of log-in details to the Heads of Delegations to access</li> </ul> </li> </ul> |   |  |







|                     | <ul> <li>mobile APP</li> <li>Questionnaires for athletes</li> <li>Possible submission of other forms</li> <li>Submission of e-mail address of one responsible person</li> </ul>   |
|---------------------|---|
| TRANSPORT           | Shuttle buses schedule (to the Competition Venue & back) will be provided<br>to the delegations at the accreditation center which reserved<br>accommodation through the LOC. In addition, transport will be available for<br>the participants to get to the place of the farewell banquet.                |
| SIGHTSEEING<br>TOUR | Delegations' members, wishing to join sightseeing arranged by the Organizing Committee from <b>16:00 to 18:00 on February 17</b> , will be provided with transportation from the MGA. The sightseeing tour form available at the Accreditation Center shall be submitted to the OC Office by February 16. |
|                     | Landmark Hotel****<br>Address: 90A Nizami str., Baku 1010<br>Tel.: +99412 465 20 00<br>Website: <u>http://www.thelandmarkhotel.az</u>   |
|                     | <u>Distances</u><br>Airport: 24.8 km - approx. 23 min. (by car)<br>To competition venue: 8.9 km - approx. 13 min. (by car)  |
|                     | Boulevard Hotel****<br>Address: Baku White City<br>Baku, Azerbaijan<br>Tel.: +99412 310 00 10<br>Fax.: +99412 310 00 11<br>Website: www.boulevardhotelbaku.com  |
|                     | The Hotel is located close to the city center   |
| HOTELS              | <u>Distances</u><br>Airport – 25km (25 min. drive)<br>Training/competition venue – 10km (10min. drive)  |
|                     | Intourist Hotel****<br>Address: Mikail Useynov Avenue 51<br>AZ1003, Baku, Azerbaijan<br>Tel.: +99412 310 3310<br>Fax: +99412 310 3323<br>Website: www.intouristhotelbaku.com  |
|                     | The Hotel is located close to the city center   |
|                     | <u>Distances</u><br>Airport – 28km (30 min. drive)<br>Training/competition venue – 11km (17min. drive)  |
|                     | <b>Emerald Hotel****</b><br>Address: 4 Mehdi Abbasov str., Baku, Azerbaijan<br>Tel.: +99412 520 44 41, +99412 520 41 44   |







|                                      | Website: www.emeraldbaku.com  |                     |             |             |             |   |
|--------------------------------------|---|---------------------|-------------|-------------|-------------|---|
|                                      | The Hotel is located near MGA (competition venue)   |                     |             |             |             |   |
|                                      | <u>Distances</u>  |                     |             |             |             |   |
| HOTELS                               | Airpo   | ort – 15km (15 min. | drive)      |             |             |   |
|                                      | Training/competition venue – 2km (5 min. drive)   |                     |             |             |             |   |
|                                      | <b>Note:</b><br>Breakfast is included into the accommodation reservation.<br>Wi-Fi is available at the above-mentioned hotels.  |                     |             |             |             |   |
|                                      | The delegations, who reserved meals for its members, will get meal coupons<br>at the Accreditation Centre.<br><i>Meal schedule for the delegations booked meals at hotels/MGA</i><br><i>(breakfast is included into the accommodation reservation) is as</i><br><i>follows:</i> |                     |             |             |             |   |
|                                      |   | Location            | Breakfast   | Lunch       | Dinner      | 7 |
| MEALS                                |   | Boulevard<br>Hotel  | 07:00-10:00 | 13:00-16:00 | 20:00-22:00 |   |
|                                      |   | Intourist hotel     | 07:00-10:00 | 13:00-16:00 | 20:00-22:00 |   |
|                                      |   | Emerald Hotel       | 07:00-10:00 | 13:00-16:00 | 20:00-22:00 |   |
|                                      |   | MGA                 | N/A         | 12:00-15:00 | N/A         |   |
|                                      | The dinner will be served until 23:00 on February 16 due to late competitions.  |                     |             |             |             |   |
| MAILBOXES &<br>INFORMATION<br>DESKS  | Mailboxes will be set up at the competition venue where the delegations' members can find all necessary information. The keys/access cards for mailboxes to be distributed to one responsible representative of each delegation.  |                     |             |             |             |   |
|                                      | The Main Information Desk will operate at the MGA competition venue, Level 0 (near the delegation's entrance). Information Desks will also be available at the official hotels.   |                     |             |             |             |   |
|                                      | A responsible person from each delegation will also get information sent to his/her e-mail provided that the e-mail address is submitted at the Accreditation.  |                     |             |             |             |   |
| VIP LOUNGES &<br>ATHLETES<br>LOUNGES | VIP Lounge and Athletes' Lounge are located on Level 1. The participants can spend their free time from trainings and competitions at the Athletes' Lounge where they can enjoy themselves with some table games, Wi-Fi access & soft drinks.                                   |                     |             |             |             |   |
|                                      | The delegations' seats are located on the Level 0.  |                     |             |             |             |   |







| ORIENTATION<br>MEETING &<br>WELCOME<br>RECEPTION    | The Orientation Meeting will take place at MGA (Level 1, Lounge – Artistic) at 09:00 on February 15. Responsible people (max. 2 per Federation) must attend the meeting.   |  |
|---|--|--|
|   | A responsible person from each delegation must submit the following forms to the Organizing Committee's Office/OC representatives by the below mentioned deadlines:  |  |
| FORMS   | <ul> <li>TRA IND Qualification and Final Competition Cards (2 pages) -<br/>during the Accreditation</li> <li>TRA SYN Qualification and Final Competition Cards (2 pages) –<br/>during the Accreditation</li> <li>TUM Qualification and Final Competition Cards (2 pages) – during<br/>the Accreditation</li> <li>Change of Start List - to the OC Office, 24 hours before the<br/>competition start at the latest</li> <li>Request for Accreditation Changes – if necessary, the form should<br/>be submitted to the FIG and OC immediately for the FIG approval</li> <li>Questionnaire for athletes – at the Accreditation</li> </ul>   |  |
| JUDGES' MEETING &<br>SCORING SYSTEM<br>INSTRUCTIONS | <ul> <li>The Judges' meeting, instruction and draw for Tumbling will be held at the Judges' Room (Level "-2") at 17:30 on February 15. Technical Scoring System Instruction for tumbling judges will be conducted at 18:15 on February 15, immediately after the completion of Judges' Meeting.</li> <li>The Judges' meeting, instruction and draw for Trampoline Gymnastics will take place at the Judges' Room (Level "-2") at 18:30 on February 15. Technical Scoring System Instruction for judges will be held at 19:15 on February 15, immediately after the completion of Judges' Meeting.</li> <li>Judges will be required to be present at the roll call. The judges must respect the dress code mentioned in the Code of Points.</li> <li>All judges are required to take part in the judges' meetings, technical scoring system instructions in accordance with the schedule and location indicated in the present Work Plan.</li> <li>The drawing of lots of the Judges' Panels for the Qualification and Finals will be conducted by the FIG Technical Delegate.</li> </ul> |  |
| SUPPLIER  | Trampolines: Eurotramp Ultimate 4x4 Trampoline.<br>Reference number: 03150, 03100<br>Tumbling track: Skakun Original 2014<br>HDTS01 Trampoline Measurement System  |  |
| SCORING   | Scoring will be carried out by local SmartScoring brand. Video Control system will be provided.<br>Competition results will be available at Information Desks and will be sent to the e-mail addresses of a responsible person of each delegation provided at the Accreditation.   |  |







| TRAINING                                    | The training sessions will take place at the training & warm-up hall adjacent to the Field of Play.  |  |  |
|---|--|--|--|
|   | Training & Podium Training schedules to be provided at the Accreditation.  |  |  |
|   | There will be held free training from 09:00 to 20:00 on February 14.   |  |  |
| COMPETITION<br>FORMAT                       | The competition will be held in accordance with the FIG Technical <b>Regulations-2019</b> and the Rules for the FIG World Cup Competitions and Series in Trampoline and Tumbling.<br>For the qualification, the gymnasts will be divided into Groups as per the drawing of lots results.   |  |  |
| AGF TROPHY                                  | There will be held awarding of the AGF Trophy Cup to one trampoline<br>individual man and one individual woman gymnast, as well as one man<br>tumbling gymnast who have the highest execution result during the event. If<br>there will be a tie-break, the highest qualification ranking will prevail. As there<br>are just 2 gymnasts from the same country in women's tumbling events, no<br>trophy will be awarded in this category. |  |  |
|   | Opening Ceremony   |  |  |
|   | The Opening Ceremony will take place at MGA, <b>at 10:00 on February 16.</b><br>The participants are not required to take part in the Ceremony.  |  |  |
|   | Award Ceremonies   |  |  |
| CEREMONIES                                  | The award ceremonies will be held as per the detailed competition schedule<br>and carried out in accordance with the FIG Regulations for Award<br>Ceremonies. Please ensure that your Federation's medalists are in time for<br>the line-up prior to the ceremonies.   |  |  |
|   | The competitors requested to attend the award ceremonies will be as follows: Gymnasts ranked 1 <sup>st</sup> to 3 <sup>rd</sup> on each apparatus.   |  |  |
|   | Gymnasts will be required to wear the correct competition attire. The national flags of the countries represented by the best 3 gymnasts will be hoisted and the national anthem of the country taken the 1 <sup>st</sup> place will be played.  |  |  |
| PRIZE MONEY                                 | The organizing committee will transfer the Prize Money to the bank account<br>of the Federations' concerned in accordance with the Article 10 of the Rules<br>for the FIG World Cup Competitions and Series in Trampoline and Tumbling<br>after the competitions.  |  |  |
| MEDICAL<br>SERVICES &<br>DOPING<br>CONTROLS | The LOC will provide first aid medical services. Physiotherapists will be present during the competitions.   |  |  |
|   | The Organizing Member Federation will provide at its own charge of 4 doping controls for Trampoline and 2 for Tumbling.  |  |  |
|   | Appropriate medical premises will be provided to carry out above mentioned number of doping controls by ANADA (National Anti-Doping Agency).   |  |  |
| · · · · · · · · · · · · · · · · · · ·       |  |  |  |







| TV & MEDIA<br>COVERAGE | Host Broadcaster is AzTV Idman (Sports Channel of Azerbaijan Television and Radio Broadcasting Closed Joint-Stock Company).   |  |
|------------------------|---|--|
|                        | Local media representatives covering the events will be accredited according to the FIG Media Rules.  |  |
|                        | Social media<br><u>http://www.agf.az/en/competitions/20170117064229004.html</u><br><u>https://www.facebook.com/events/389628881375860/</u>  |  |
|                        | <b>Currency</b><br>The currency in Baku is Azerbaijani Manat (AZN).<br>For more information's, please, visit: <u>http://www.cbar.az/</u>  |  |
| OTHER<br>INFORMATION   | Power Supply<br>Voltage 220-240V  |  |
|                        | <b>Temperature</b><br>Average minimum: 2 °C<br>Average maximum: 10 °C   |  |
|                        | GMT +4  |  |
|                        | City Sightseeing  |  |
|                        | <b>The Old City</b> – travel into the ancient times not leaving the city centre.<br>The impression of ancient cultural roots, the way of life of ancient<br>Azerbaijani people, carpets dating many centuries back will stick in the<br>memories for a long time. Thrilled by the height of Giz Galasi (Maiden<br>Tower) and of the whole city view of modernity, you will realize that<br>Baku is the unique place where antiquity welcomes contemporary way<br>of life.   |  |
|                        | <b>The National Flag square</b> covering 60 hectares area and featuring the state symbols of Azerbaijan, coat of arms and the anthem and a map of the country.  |  |
| OTHER<br>INFORMATION   | <ul> <li>Baku Boulevard to breath fresh sea air and admire the pure nature.</li> <li>The Museum of Modern Art, which is of great interest of foreigners visiting the city and etc.</li> <li>Daytime Baku attracts with fashionable malls &amp; boutiques. Those who love shopping can spend hours there to please themselves.</li> <li>Unique, delicious national cuisine can be tested at the restaurants widely opening their doors to its visitors. Those found of Spanish, Italian, Mexican, Chinese and Japanese food will not be forgotten. Hospitable Baku is the place to please any taste and whims.</li> <li>For more information's, please, visit: http://azerbaijan.travel/en - Azerbaijan's official tourism web page</li> </ul> |  |
|                        |   |  |







|            | Appendix 1 - TRA IND Qualification and Final Competition Cards (2 pages)   |
|------------|--|
|            | Appendix 2 – TRA SYN Qualification and Final Competition Cards (2 pages)   |
| Appendices | Appendix 3 – TUM Qualification and Final Competition Cards (2 pages)<br>Appendix 4 – Change of Start List<br>Appendix 5 - Request for Accreditation Changes<br>Appendix 6 - Questionnaire<br>Appendix 7 - Layouts<br>Appendix 8 – Provisional Podium Training Schedule<br>Appendix 9 – Provisional Detailed Competition Schedule |

### With Best Wishes,



Nurlana Mammadzada OC Executive Director